

# <span id="page-0-0"></span>**MASTERARBEIT / MASTER'S THESIS**

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## Declarations

Parts of this master's thesis were published at the European Congress of Radiology 2023 [\[115\]](#page-104-0). The use of the AKH high risk patient cohort in this master's thesis is covered by the Ethics Committee of the Medical University of Vienna (EK-NR: 461/2003).

## Abstract

Breast cancer is the most common type of cancer in women, whereby it is estimated that 7.5% of women in Austria will develop breast cancer until the age of 74. Early detection is crucial for effective treatment and patient survival. In women at an elevated risk of developing breast cancer due to family history or predisposing mutations Dynamic Contrast Enhanced Magnetic Resonance Imaging (DCE MRI) is the method of choice for screening. Although DCE-MRI is the most sensitive imaging modality, it is associated with a relatively high false positive rate. Moreover, reporting of DCE-MRI demands years of radiological experience and is time consuming. Deep Learning (DL) plays an increasingly important role in the diagnosis of cancer as it allows to uncover disease related patterns that would be impossible to detect with the naked eye. However, the potential of DL is limited by the size of available training data.

Therefore, the aim of this master's thesis was the development of DL based methods to aid the detection and classification of lesions (areas of abnormal tissue) in DCE-MRI by exploiting domain specific transfer learning. To this end, two datasets were used: First, the AKH patient cohort consisting of 606 high risk women who visited the Vienna General Hospital (AKH) for regular screenings over the past 20 years. Second, the publicly available Duke patient cohort which includes 922 patients with invasive breast cancer.

For lesion detection, a Residual Network (ResNet) based sliding window approach and a You only look once (Yolo) based bounding box prediction were compared. In both cases the models were first pre-trained on the Duke cohort and subsequently finetuned and evaluated on the AKH patient cohort. For lesion classification, the ResNet models that were previously trained for lesion detection on the Duke patient cohort were used in a 5 fold cross-validation as the basis for training new ResNet models to differentiate benign and malignant lesions in patients of the AKH cohort.

In lesion detection the best ResNet/Yolo model yielded a Receiver Operating Characteristic (ROC) Area Under the Curve (AUC) of 0.961/0.855 and a Precision Recall (PreRec) AUC of 0.224/0.426. In the cross-validation of lesion classification a median ROC AUC of 0.713/0.653 and a median PreRec AUC of 0.615/0.374 could be achieved with/without domain specific transfer learning. Additionally, a threshold was determined at which 4.5% of benign lesions could be identified without missing a malignant lesion.

To conclude, the potential of domain specific transfer learning was demonstrated in aiding radiologists in the detection and classification of suspicious lesions while at the same time reducing the need for unnecessary and burdensome biopsies. Even though the results are promising, they will have to be validated on an external high-risk patient cohort.

## Zusammenfassung

Brustkrebs ist die häufigste Krebsart bei Frauen, wobei geschätzt wird, dass in Österreich 7.5% aller Frauen bis zu ihrem 74. Lebensjahr an Brustkrebs erkranken werden. Die frühzeitige Erkennung ist entscheidend für den Behandlungserfolg und die Überlebenswahrscheinlichkeit. Bei Frauen mit einem erhöhtem Brustkrebsrisiko aufgrund positiver Familienanamnese oder prädisponierenden Mutationen ist Dynamic Contrast Enhanced Magnetic Resonance Imaging (DCE-MRI) die Methode der Wahl beim Brustkrebsscreening. Obwohl DCE-MRI die sensitivste bildgebende Methode darstellt, ist sie mit einer relativ hohen Falsch-Positiv-Rate behaftet. Darüber hinaus, erfordert die Befundung von DCE-MRI jahrelange radiologische Erfahrung and nimmt viel Zeit in Anspruch. Deep Learning (DL) spielt eine zunehmend wichtigere Rolle bei der Diagnose von Krebs, weil damit krankheitsrelevante Muster aufgedeckt werden können, die mit bloßem Auge nicht zu erkennen wären. Allerdings wird das Potential von DL durch die Größe der zur Verfügung stehenden Trainingsdaten limitiert.

Das Ziel dieser Masterarbeit war daher die Entwicklung von auf DL basierenden Methoden, die auf Domain spezifisches Transfer Learning zur¨uckgreifen, um die Detektion und Klassifizierung von Läsionen (Regionen abnormalen Gewebes) in DCE-MRI zu unterstützen. Zu diesem Zweck wurden 2 Datens¨atze verwendet: Als erstes, die AKH Patientenkohorte, bestehend aus 606 Hochrisikopatientinnen, die an regelmäßigen Brustkrebsscreening am Allgemeinen Krankenhaus (AKH) Wien über die letzten 20 Jahre teilgenommen haben. Als zweites, die öffentlich zugängliche Duke Patientenkohorte, die 922 Patientinnen mit invasivem Brustkrebs umfasst.

Zur Detektion von Läsionen wurde ein Residual Network (ResNet) basierender sliding window Ansatz mit einer Yolo (You only look once) basierenden bounding box Vorhersage verglichen. In beiden Fällen wurden die Modelle zuerst auf der Duke Patientenkohorte vortrainiert und anschließend auf der AKH Patientenkohorte fein abgestimmt und evaluiert. Für die Klassifizierung von Läsionen wurden die ResNet Modelle, die zuvor zur Detektion von Läsionen auf der Duke Kohorte trainiert wurden, in einer 5-fach Kreuzvalidierung als Basis für das Training von neuen ResNet Modellen zur Differenzierung von benignen and malignen Läsionen in der AKH Patientenkohorte herangezogen.

Das beste ResNet/Yolo Modell wies eine Receiver Operating Characteristic (ROC) Area Under the Curve (AUC) von 0.961/0.855 und eine Precision Recall (PreRec) AUC von 0.224/0.426 auf. In der Kreuzvalidierung zur Klassifizierung von Läsionen konnte eine mediane ROC AUC von 0.713/0.653 und eine mediane PreRec AUC von 0.615/0.374 mit/ohne Zuhilfenahme von Domain spezifischen Transfer Learning erreicht werden. Zusätzlich, konnte ein Schwellwerte berechnet werden unter dem 4.5% aller benignen Läsionen erkannt werden, ohne eine maligne Läsion zu übersehen.

Zusammenfassend lässt sich sagen, dass das Potential von Domain spezifischen Transfer Learning bei der Unterstützung der Detektion und Klassifizierung von Läsionen bei gleichzeitiger Reduktion von belastenden und entbehrlichen Biopsien gezeigt wurde. Wenngleich die Ergebnisse vielversprechend sind, müssen diese erst an einer externen Hochrisikokohorte validiert werden.

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## Introduction

#### Motivation

Breast cancer contributed to 685 000 deaths worldwide in 2020 [\[161\]](#page-109-0). Early detection is crucial for effective treatment and could save many lives [\[144,](#page-107-0) [162\]](#page-109-1). Therefore, annual screening mammography is recommended for women over the age of 50 [\[138\]](#page-106-0). For patients at an elevated risk of developing breast cancer due to family history of breast cancer or known mutations (e.g.: BRCA1, BRCA2, p53,. . . ), Dynamic Contrast Enhanced Magnetic Resonance Imaging [\(DCE-MRI\)](#page-90-0) is used in screening due to its high sensitivity[\[103\]](#page-103-0).

However, manual reporting of [DCE-MRI](#page-90-0) takes years of radiological experience, is time consuming and associated with a relatively high number of false positives. The latter leads to unnecessary and costly biopsies that are burdensome to the patients. Whitaker et al. [\[160\]](#page-109-2) reported that only 17% of suspicious [DCE-MRI](#page-90-0) findings are confirmed malignant. Therefore, several automated Machine Learning [\(ML\)](#page-91-0) methods have emerged to aid the diagnosis of breast cancer in breast Magnetic Resonance Imaging [\(MRI\)](#page-91-1) [\[107,](#page-103-1) [125\]](#page-105-0). While most of these approaches focus on the detection and classification of lesions (areas of abnormal tissue) on average risk patients using cross-domain transfer learning, the novelty of this master's thesis is the exploration of domain specific transfer learning in the detection and classification of lesions in a high risk patient cohort using Deep Learning [\(DL\)](#page-90-1). [DL,](#page-90-1) a subdomain of ML, provides the advantage of automatically learning disease specific patterns in the 4 dimensional [DCE-MRI](#page-90-0) data which would be impossible to detect with the naked eye [\[125\]](#page-105-0).

#### High Risk Patient Cohort

A patient cohort consisting of 606 high risk patients as defined by family anamnesis and/or preexisting mutations was accessible to this master's thesis. For each patient [DCE-MRI](#page-90-0) scans as well as Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-2) scores were available from regular medical screening visits at the Vienna General Hospital [\(AKH Wien\)](#page-90-3). For domain specific transfer learning the Duke patient cohort [\[129\]](#page-105-1) consisting of 922 patients with invasive breast cancer was used.

#### Contributions of Thesis

In order to address the aforementioned challenges of breast cancer diagnosis in high risk patients this thesis features the following core contributions:

- 1. Reduction of the workload of radiologists by aiding the detection of lesions using two [DL](#page-90-1) approaches (Residual Network [\(ResNet\)](#page-91-2) [\[69\]](#page-99-0) and You only look once [\(Yolo\)](#page-92-0) [\[124\]](#page-105-2))
- 2. Reduction of the number of unnecessary biopsies by differentiating benign and malignant lesions using ResNets
- 3. Demonstration of the benefit of domain specific transfer learning in a high risk patient cohort
- 4. Breast segmentation method for masking fat suppressed and non fat suppressed MRI

#### Structure of Thesis

This thesis is structured into 6 chapters. In Chapter [1,](#page-10-0) the medical background on breast cancer and the technical background on [DL](#page-90-1) is elucidated. In Chapter [2](#page-30-0) , the state of the art in [ML](#page-91-0) based approaches in breast cancer research with a special focus on lesion detection and classification is explored. In Chapter [3,](#page-38-0) the patient cohorts are introduced and the methodological approach ranging from data preprocessing, to the experimental design of lesion detection and classification are explained. A presentation and discussion of the results for the experiments in lesion detection and lesion classification is given in Chapter [4](#page-58-0) and [5,](#page-74-0) respectively. In the final Chapter [6](#page-88-0) of this thesis, concluding remarks along with an outlook on the future of the field are provided.

### <span id="page-10-0"></span>1 Background

#### <span id="page-10-1"></span>1.1 Breast Cancer

Breast cancer is the most common type of cancer in women (24.5% of all cancer cases) with over 2 million cases worldwide in 2020, followed by colorectal cancer (9.4%) and lung cancer (8.4%) [\[141\]](#page-107-1). The age standardized incidence is higher in the western world (USA, Europe, Australia) (> 70 per 100.000) than in the Asia and Africa ( $<$  40 per 100.000) as visualized in the map of Figure [1.](#page-10-3) It is estimated that 1 in 8 women will develop breast cancer in the course of their life [\[2\]](#page-93-0). In contrast to women, men are rarely affected with only 1 in every 100 breast cancer cases.[\[84\]](#page-101-0)

<span id="page-10-3"></span>

Figure 1: Estimated age-standardized incidence rates (World) in 2020 among women. Data source: GLOBOCAN 2020 [\[141\]](#page-107-1), Map: © [International Agency for Research on Cancer](http://gco.iarc.fr/today) 2020

#### <span id="page-10-2"></span>1.1.1 Risk Factors

#### Non Modifiable Risk Factors

Female sex is the most important risk factor and can be attributed to the higher estrogen and progesterone levels which stimulate breast growth [\[6\]](#page-93-1). Therefore, early menarche (first menstruation) and late menopause (last menstruation) are associated with a higher risk of breast cancer due to the cyclic fluctuations of estrogen which stimulate the growth of breast tissue [\[35\]](#page-96-0). This master's thesis is exclusively concerned with breast cancer in women.

Another important risk factor is age, as 80% of all breast cancer cases occur in women above the age 50 [\[178\]](#page-111-0). Therefore, yearly screening mammography is recommended by the U.S. Preventive Services Task Force for average risk women over the age of 50 [\[138\]](#page-106-0). However, the benefit of early detection and reduction in mortality (20% [\[32\]](#page-95-0)) over potential false positive findings is critically discussed [\[43\]](#page-97-0). Family history of breast cancer increases the risk by a factor of 1.8 (99% CI 1.69-1.91) if one first degree relative is affected and by a factor of 3.9 (2.03-7.49) if three or more first degree relatives are affected [\[34\]](#page-96-1). The increased risk can be attributed to germ line mutations and epigenetic factors. Most prominently the genes BRCA1 and BRCA2 which play an important role in Deoxyribonucleic Acid [\(DNA\)](#page-90-4) repair and cell cycle control are associated with an 82% cumulative lifetime risk of developing breast cancer [\[135\]](#page-106-1). Since BRCA1 and BRCA2 mutations follow an autosomal dominant inheritance pattern with high penetrance close relatives are advised to attend regular screenings at a younger age. In such cases patients may opt for prophylactic mastectomy (removal of breast), hysterectomy (removal of uterus) and salpingo-oohorectomy (removal of fallopian tubes and ovaries) which can reduce the risk by  $90\%$  [\[121\]](#page-105-3). But also mutations in the following genes are known to increase the risk for breast cancer and show high penetrance [\[135\]](#page-106-1):

- 1. TP53 (involved in DNA repair and cell cycle control, 25% lifetime risk)
- 2. CDH1 (cellular adhesion, 39% lifetime risk)
- 3. PTEN (cell cycle control, 85% lifetime risk)
- 4. STK11 (cell cycle control, 32% by age 60)

Additional non-modifiable risk factors include, high breast tissue density [\[85\]](#page-101-1), a history of benign breast disease [\[169\]](#page-110-0) and race whereby white women have a higher incidence while black women show a higher mortality [\[49\]](#page-97-1).

#### Modifiable Risk Factors

The risk factors mentioned so far can be categorized as non-modifiable risk factors. However, also modifiable risk factors exist although their contribution to the overall risk is disputed in some cases: Physical activity was associated with a 19-27% lower risk for breast cancer [\[48\]](#page-97-2) which may be explained by the positive effects on hormonal concentrations [\[147\]](#page-107-2). Obesity is also a known risk factor and can be attributed to the higher aromatase activity in fat tissue raising estrogen levels, higher Insulin and Insulin-Like Growth Factor 1 [\(ILGF1\)](#page-91-3) levels and obesity associated inflammation [\[89\]](#page-101-2). Hormonal Replacement Therapy [\(HRT\)](#page-91-4) is used in post-menopausal women to avoid symptoms due to hormonal changes during menopause and to prevent osteoporosis. Depending on the duration and type of [HRT](#page-91-4) a slight increase in risk for breast cancer was detected (estrogen only therapy odds ratio: 1.15, estrogen and progesterone therapy 1.79) [\[154\]](#page-108-0). Life style choices such as smoking, alcohol and consumption of processed meat were also linked to a higher risk for breast cancer [\[64\]](#page-99-1).

<span id="page-11-0"></span>

Figure 2: The 6 hallmarks of cancer proposed by Hanahan and Weinberg [\[61\]](#page-98-0) describe features of (malignant) cells contributing to carcinogenesis. Figure by  $[62]$  -  $\odot$  Cell 2011, used with permission

#### <span id="page-12-0"></span>1.1.2 Carcinogenesis

Breast cancer is caused by the malign degeneration of cells in the mammary tissue which can be described by the six hallmarks of cancer (visualized in Figure [2\)](#page-11-0): Self-sufficiency in growth signal, insensitivity to anti-growth signals, tissue invasion and metastasis, sustained angiogenesis and evasion of apoptosis [\[61\]](#page-98-0). Degenerated cells therefore "acquire" certain mutations that allow them to bypass cell cycle checkpoints and to evade the response of the immune system. Substances that cause mutations in [DNA](#page-90-4) repair are thus referred to as tumor initiators [\[20\]](#page-94-0). Tumors above the size of 2mm require additional blood supply to grow which leads to selection pressure towards cells that can induce the formation of new blood vessels [\[50\]](#page-97-3). This characteristic is exploited in [DCE-MRI](#page-90-0) which will be explained in Section [1.2.](#page-14-0) In the last stage, malignant cancer cells spread into healthy tissue and other body parts (metastasis) due to loss of cell adhesion.

#### <span id="page-12-1"></span>1.1.3 Breast Cancer Classification

Breast cancer can be classified on a histological and molecular basis as visualized in Figure [3.](#page-12-2)

<span id="page-12-2"></span>

Figure 3: Classification of breast cancer on a histological and molecular level. While the histological classification is based on the origin of cancer cells and the invasiveness, the molecular classification is grounded on Immunohistochemistry [\(IHC\)](#page-91-5) which detects the presence of estrogen, progesterone and human epidermal growth factor receptors.

#### Histological Classification:

According to the classification of the World Health Organization [\(WHO\)](#page-92-1), one can histologically differentiate between sarcomas where degenerative cells arise from mesenchymal cell lines (connective tissue, myofibroblasts, blood vessels) and carcinomas which are of endodermal or ectodermal origin (milk lobules/glands and milk ducts) [\[137\]](#page-106-2). Most breast cancers are carcinomas (99%), while Sarcomas contribute to less than 1% of all cases [\[155\]](#page-108-1). On the next level, carcinomas can be further characterized as invasive and non-invasive breast cancer. While non-invasive cancer cells remain contained and the border of the lesions is usually smooth, invasive breast cancer penetrates into healthy surrounding tissue and thus shows rough borders [\[22\]](#page-94-1). Non-invasive breast cancer can be further divided into Ductal Carcinoma In Situ [\(DCIS\)](#page-90-5) and Lobular Carcinoma In Situ [\(LCIS\)](#page-91-6). Their invasive pendants are found in the No Special Type [\(NST\)](#page-91-7) and Special Type category, respectively: Invasive Ductal Carcinoma [\(IDC\)](#page-91-8) and Invasive Lobular Carcinoma [\(ILC\)](#page-91-9), whereby [IDC](#page-91-8) contributes to about 80% and [ILC](#page-91-9) up to 15% of all breast cancer cases [\[11,](#page-93-2) [104\]](#page-103-2). Formerly the no special type category of the invasive carcinomas was referred to as "invasive ductal carcinoma, not otherwise specified" [\[137\]](#page-106-2). The tree like structure of the histological classification scheme is visualized below:



#### Molecular Classification:

The molecular classification is based on the expression of Estrogen Receptor [\(ER\)](#page-90-6), Progesterone Receptor [\(PR\)](#page-91-10) and Human Epidermal Growth Factor 2 [\(HER2\)](#page-91-11) and is relevant for the treatment and prognosis of breast cancer [\[176\]](#page-111-1). The subtype is determined from the biopsy of the lesion using Immunohistochemistry [\(IHC\)](#page-91-5): Thereby specific antibodies (which are linked to a fluorophore or enzyme) are used to determine the presence  $(+)$  and absence  $(-)$  of the aforementioned receptors at the cell membranes and the proliferation marker Ki-67 [\[59\]](#page-98-1). From the [IHC](#page-91-5) analysis of biopsied lesions, 4 molecular breast cancer subtypes are differentiated:

- Luminal A:  $ER (+)$ , PR (higher), HER2 (low), Ki-67 (lower)

- Luminal B: ER  $(+)$ , PR (lower), HER2 (variable), Ki-67 (higher)

 $-$  **HER2**: ER  $(\pm)$ , PR  $(\pm)$ , HER2  $(+)$ 

Triple Negative  $(TN)$ : ER  $(-)$ , PR  $(-)$ , HER2  $(-)$ 

Subtypes Luminal A and Luminal B are both [ER](#page-90-6) positive and thus can be treated with endocrine therapy (e.g.: Selective Estrogen Receptor Modulators - SERMs) which aims to block binding of estrogen to the estrogen receptor, thereby decreasing the growth stimulus [\[76,](#page-100-0) [47\]](#page-97-4). Luminal subtype A shows the best prognosis of all molecular subtypes [\[112\]](#page-104-1). [ER](#page-90-6) dependent gene expression (e.g. [PR\)](#page-91-10) is higher in Luminal A than in Luminal B subtype [\[143\]](#page-107-3). For better differentiation of the Luminal subtypes Cheang et al. [\[26\]](#page-95-1) proposed a cut-off value of 13.25% for the proliferation marker Ki-67: If Ki-67 can be detected in less than 13.25% of the cells in a lesion, it is assigned Luminal A and otherwise Luminal B. Luminal B is found more frequently in younger women than Luminal A and is associated with higher invasiveness and poorer prognosis [\[65\]](#page-99-3).

The [HER2](#page-91-11) subtype is characterized by the overexpression of [HER2](#page-91-11) and variable expressions of estrogen and progesterone receptors [\[176\]](#page-111-1). Treatment of patients with the [HER2](#page-91-11) subtype aims to block the binding side of [HER2](#page-91-11) using antibodies (e.g.: Trastuzumab) [\[117\]](#page-104-2). As a result, the epidermal growth factor can no longer activate the signaling cascade of [HER2](#page-91-11) and thus the tumor promoting effects are diminished.

The Triple Negative Breast Cancer [\(TNBC\)](#page-92-2) subtype constitutes the most aggressive of the 4 subtypes [\[42\]](#page-96-2). Due to its lack of [ER,](#page-90-6) [PR](#page-91-10) and [HER2](#page-91-11) expression, treatment is harder (no targeted therapy) and prognosis poor. [TNBC](#page-92-2) breast cancer is also more likely in young women (< 40 years, OR: 1.53) [\[13\]](#page-94-2) and in women with germline mutations in BRCA1 (OR: 9.0) [\[46\]](#page-97-5).

The molecular subtype not only has an impact on the treatment but also the 5 year overall survival rates: Luminal A: 92.6%, Luminal B: 88.4%, [HER2:](#page-91-11) 83.6% and [TNBC](#page-92-2) 82.9% [\[177\]](#page-111-2).

#### <span id="page-14-0"></span>1.2 Dynamic Contrast Enhanced Magnetic Resonance Imaging

Dynamic Contrast Enhanced Magnetic Resonance Imaging [\(DCE-MRI\)](#page-90-0) constitutes the most sensitive modality for the detection of breast cancer with a sensitivity ranging from 75.2% to 100% (twice as sensitive as mammography) and specificity from 83% to 98.4% [\[103\]](#page-103-0). Another advantage of [DCE-MRI](#page-90-0) is that patients are not exposed to ionizing radiation which is especially relevant to young high-risk women [\[72\]](#page-100-1). However, [DCE-MRI](#page-90-0) is associated with a higher cost and time expenditure compared to mammography and additionally has a lower availability. Therefore, the American Cancer Society recommends [DCE-MRI](#page-90-0) screening only for women with a cumulative life time risk greater than 20-25% or with a family history of breast/ovarian cancer [\[132\]](#page-106-3).

The use of a Gadolinium based contrast agent (e.g.: Gd-DTPA) is crucial to the diagnostic value of [MRI](#page-91-1) as the contrast agent is taken up more quickly by malignant than benign lesions and becomes visible as an increase in signal intensity due to shortening of T1 relaxation time by Gd [\[93\]](#page-102-0). A sample of a [DCE-MRI](#page-90-0) can be found in Figure [4.](#page-15-0) The increased uptake can be explained by the neo-angiogenesis required for tumor growth beyond 2mm [\[50\]](#page-97-3). Due to the permeability of the newly formed blood vessel the contrast agent is extravasated and becomes visible as an enhancement signal [\[88\]](#page-101-3). In clinical practice radiologists first collect a native T1 weighted [MRI](#page-91-1) image (pre-contrast image) and then inject the contrast agent intravenously. Subsequently, a series of T1 weighted postcontrast [MRI](#page-91-1) images is collected in predetermined intervals depending on the protocol. Usually, 3 or more post-contrast images are collected for up to 8 minutes after the injections of the contrast agent [\[72\]](#page-100-1).

<span id="page-15-0"></span>

Figure 4: Dynamic Contrast Enhanced Magnetic Resonance Imaging [\(DCE-MRI\)](#page-90-0): (A) shows a native T1 weighted Magnetic Resonance Imaging [\(MRI\)](#page-91-1) slice before contrast agent injection. (B) shows the same slice approx. 2 minutes after contrast agent injection. The lesion marked with a red bounding box becomes clearly visible after contrast agent injection.

#### Enhancement Curves

Enhancement curves are used to depict the relative change in signal intensity in the Region of Interest [\(ROI\)](#page-91-12) between pre and post contrast time points (Figure [5\)](#page-15-1) [\[72\]](#page-100-1). Important diagnostic characteristics of the curve are the strength of enhancement in the first 2 minutes and decrease of enhancement in the later post contrast time points (washout) [\[102,](#page-103-3) [14\]](#page-94-3). About 91% of malignant lesions show curves of type II (strong initial enhancement, no washout /plateau) or type III (strong initial enhancement + wash out [\[93\]](#page-102-0). [DCIS](#page-90-5) may follow the patterns of curve type II or III in  $60\%$ of the cases [\[72\]](#page-100-1). Benign lesions are mostly associated with a slow/low enhancement corresponding to curve types I and in some cases a curve of type II (83% and 12%, respectively) [\[93\]](#page-102-0). Since the analysis of the enhancement signal alone does not suffice to differentiate between malignant and benign lesions, also the morphology of the lesion is also taken into account [\[14\]](#page-94-3).

<span id="page-15-1"></span>

Figure 5: This graph shows the typical enhancement curves for malignant and benign lesions. A strong enhancement in the first 2 minutes, as well as a decrease in enhancement (washout) in the later time points is associated with malignant lesions (Type III). Benign lesions usually show a slower increase in enhancement (Type I). Curves with a plateau (Type II) are associated with an intermediate risk for malignancy. Adapted from [\[72\]](#page-100-1).

#### <span id="page-16-0"></span>1.3 The Breast Imaging Reporting and Data System

#### Definition

The Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-2) score ranges from 0 to 6 and was developed by the American College for Radiology to standardize the reporting of breast [MRI](#page-91-1) images by radiologists [\[12\]](#page-93-3). A tabular overview of the [BI-RADS](#page-90-2) is given in Table [1.](#page-16-1) [BI-RADS](#page-90-2) 1 and 2 are reported if healthy tissue or only benign changes with essentially 0% probability for malignancy are found. Likely benign lesions with a probability  $\langle 2\%$  for malignancy are reported as [BI-RADS](#page-90-2) 3, whereby a follow up is recommend in a shorter time interval. At a [BI-RADS](#page-90-2) score of 4 and 5 lesions are considered suspicious (2-95% malignancy) and highly suspicious for malignancy (> 95%), respectively. In these cases a biopsy is indicated after which a lesion is either assigned [BI-RADS](#page-90-2) 6 if the biopsy confirmed malignancy or [BI-RADS](#page-90-2) 2 if the lesion was benign. The special case of [BI-RADS](#page-90-2) 0 is used when the imaging information is insufficient so that additional imaging modalities (mammography or ultrasound) are needed to determine the final [BI-RADS](#page-90-2) score [\[12\]](#page-93-3).

<span id="page-16-1"></span>

Table 1: The Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-2) was developed by the American College for Radiology to standardize the reporting for Breast imaging data. It ranges from 0 to 6 and describes the likelihood of malignancy in a given radiological image. Adapted from the ACR [https://www.acr.org/-/media/ACR/Files/RADS/BI-RADS/BIRADS\\_CEM\\_2022.pdf](https://www.acr.org/-/media/ACR/Files/RADS/BI-RADS/BIRADS_CEM_2022.pdf)

#### Classification Criteria

In an attempt to aid the systematic rating of [DCE-MRI](#page-90-0) images, Baum et al. [\[14\]](#page-94-3) devised a points system which takes into account 5 characteristics that describe a lesion:

- 1. The KM (Kontrast Mittel = contrast agent, Note: German publication) pattern: Describes the distribution of the contrast agent in the lesion (homogeneous, inhomogeneous, rim)
- 2. The initial enhancement: Describes the maximum relative enhancement within the first 3 minutes  $(< 50\%, 50-100\%, > 100\%)$
- 3. The post-initial enhancement: Describes the shape of the curve (continuous increase, plateau, wash out)
- 4. The shape of the lesion (round, oval, dendritic, irregular)
- 5. The border of the lesion (well-defined, ill-defined)

For each of the characteristics, points are assigned which in sum give a recommendation for the [BI-RADS](#page-90-2) score (Table [2\)](#page-17-0). One disadvantage of the presented algorithm is that it yields many [BI-RADS](#page-90-2) 3 cases which are associated with low compliance in short-interval follow ups [\[15\]](#page-94-4)

<span id="page-17-0"></span>

	<b>Characteristics</b>				
Points	<b>Shape</b>	<b>Border</b>	KM pattern	Initial	Postinitial
				enhancement	enhancement
$\theta$	round, oval	well-defined	homogeneous	${<}50\%$	continuous increase
	dendritic, irregular	ill-defined	inhomogeneous	50-100%	plateau
$\mathfrak{D}$			$_{\rm rim}$	$>100\%$	wash out
<b>BI-RADS</b>		$\overline{2}$	3	4	5
Sum of points	$0 - 1$	$\overline{2}$	3	$4 - 5$	$6 - 8$

Table 2: Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-2) classification scheme in Breast Dynamic Contrast Enhanced Magnetic Resonance Imaging [\(DCE-MRI\)](#page-90-0) according to Baum et al. [\[14\]](#page-94-3)

#### Relevance of Early Detection for Treatment Prognosis

A recent Swedish study reported that early detection of breast cancer increased the survival rate in patients who participated in screening programs compared to patients who did not (83-88% vs. 72-77% 95% CI) [\[144\]](#page-107-0). Zuo et al. [\[177\]](#page-111-2) observed a decrease in the 5 year overall survival rate with increasing breast cancer stage: Stage I: 96.5%, II: 91.6%, III: 74.8%, IV: 40.7%. The staging system is used describe the size and spread of a malignant lesion: Stage I carcinomas correspond to lesions with a size below 2 cm, stage II to lesions up to 5cm in size with a low degree of lymph node involvement, stage III to lesions above 5cm in size or a high degree of lymph node involvement and stage IV to metastatic lesions of any size [\[4\]](#page-93-4). As early detection in screening cohorts is associated with a detection at a lower stage [\[31\]](#page-95-2), its importance for patient prognosis is evident. In addition to the prognostic benefits, detection at earlier stages allows for less aggressive treatment options. For instance, stages I and II carcinomas may be treated using breast conserving treatment (excision of malignant lesion and surrounding tissue) instead of mastectomy (removal of entire breast) [\[108\]](#page-103-4).

#### <span id="page-18-0"></span>1.4 Deep Learning

<span id="page-18-1"></span>In this thesis Deep Learning [\(DL\)](#page-90-1) is used to solve the problem of lesion detection and lesion classification. Therefore, a brief introduction to [DL](#page-90-1) and a description of the used architectures is given in the following.



Figure 6: Deep learning as a subdomain of machine learning and artificial intelligence.

[DL](#page-90-1) is considered a subdomain of Machine Learning [\(ML\)](#page-91-0) and Artificial Intelligence [\(AI\)](#page-90-7) as visualized in Figure [6,](#page-18-1) whereby [ML](#page-91-0) is concerned with learning from data and experience and [AI](#page-90-7) is the field developing machines/programs that mimic/exceed human capabilities [\[131,](#page-106-4) [3\]](#page-93-5). [DL](#page-90-1) is based on Artificial Neural Networks [\(ANN\)](#page-90-8) which are inspired by the organization of neurons in the brain [\[16\]](#page-94-5) and found application in a plethora of tasks such as speech recognition [\[109\]](#page-103-5), computer vision [\[58\]](#page-98-2), image recognition [\[69\]](#page-99-0) and drug discovery [\[172\]](#page-110-1). In contrast to other [ML](#page-91-0) methods, [DL](#page-90-1) is characterized by the use of multiple hidden layers (at least 2) which represent the input data at increasingly higher levels of abstraction [\[41\]](#page-96-3).

<span id="page-18-2"></span>

Figure 7: Structure of a deep artificial neural network.

A deep ANN (Figure [7\)](#page-18-2) consists of an input layer which holds the input data (e.g.: pixel values of an image), a variable number of hidden layers and an output layer [\[131\]](#page-106-4). Every layer of the network consists of multiple neurons which are connected to the output of the neurons  $X_j$  of the previous layer. The "strength" of the connections from neuron  $i$  of the current layer to neuron  $j$  of the previous layer is determined by the weights  $w_{i,j}$  which are adjusted during training by a process called backpropagation [\[83\]](#page-101-4). The output  $y_i$  of neuron i is calculated by passing the sum of the inputs to the neuron (product of  $w_{i,j}$  and  $X_j$ ) through an activation function f (e.g.: tanh, sigmoid, ReLU (rectified linear unit) as shown in Equation [1](#page-19-0) and Figure [8](#page-19-1) [\[100\]](#page-102-1):

<span id="page-19-0"></span>
$$
y_i = f(\sum_j X_j w_{i,j})
$$
\n<sup>(1)</sup>

If every neuron of a layer is connected to every neuron of the previous layer, this type of layer is referred to as a fully connected layer [\[74\]](#page-100-2). In Convolutional Neural Network [\(CNN\)](#page-90-9), which were fist used to recognize handwritten zip code digits and have become the foundation of deep learning based image classification tasks, another layer type, namely the convolutional layer is crucial [\[94,](#page-102-2) [100\]](#page-102-1). The output of the j<sup>th</sup> convolutional layer is represented as a 3D dimensional feature map  $F_{j,c}$  of shape  $H_j \times W_j \times C_j$  (H...Height, W...Width, C... Channels), with  $c \in \{1 \cdots C_j\}$ .  $F_{j,c}$  is calculated by convolving the previous layer's feature map  $F_{j-1,i}$  with a set of kernels  $\mathcal{K}_{j-1,i}$  and summing up the convolved feature map over all the channels  $i \in \{1 \cdots C_{j-1}\}\$  of the previous layer:

$$
F_{j,c} = \sum_{i=1}^{C_{j-1}} \mathcal{K}_{c,i} \star F_{j-1,i}
$$
 (2)

<span id="page-19-1"></span>whereby  $\star$  denotes the cross corelation operator (Equation adapted from PyTorch documentation<sup>[1](#page-0-0)</sup>). For further information on [CNN](#page-90-9) please refer to Yamashita et al. [\[165\]](#page-109-3).



Figure 8: Visualization of an artificial neuron: An artificial neuron represents the basic building block of an artificial neural network. The neuron receives the output of the neurons of the previous layer  $X_0 \ldots X_n$  multiplied with the weights  $w_{i,0} \ldots w_{i,n}$  as input terms. To yield the output  $y_i$  of the neuron, the sum of these input terms is passed through the activation function  $f$ .

<sup>1</sup><https://pytorch.org/docs/stable/generated/torch.nn.Conv2d.html> (Accessed on 23.05.2023)

In the following, the origin and building blocks of the [ResNet](#page-91-2) and [Yolo](#page-92-0) architecture, which are used for lesion detection and classification in this thesis, will be elucidated.

#### <span id="page-20-0"></span>1.4.1 Residual Networks

Residual Network [\(ResNet\)](#page-91-2) are the state of the art architecture for image classification tasks. They were developed as an improvement to previous [CNN](#page-90-9) such as AlexNet [\[91\]](#page-101-5), GoogLeNet/Inception [\[142\]](#page-107-4) and VGG [\[136\]](#page-106-5). The [ResNet](#page-91-2) architecture introduced skip connections between layers to allow training of even deeper neural networks by avoiding the vanishing/exploding gradient problem [\[69\]](#page-99-0). Additionally, the architecture popularized the use of batch-normalization [\[77\]](#page-100-3) which made drop-out layers obsolete by reducing overfitting and improving generalization.

<span id="page-20-1"></span>

Figure 9: ResNet-18 architecture: The input image is a 3 channel RGB image with a height and width of 224 pixels (C,H,W). The size of spatial dimensions (H,W) of the feature map is decreased at the first convolutional layer, the max pooling layer and at the every Bottleneck Block. The adaptive pooling layer [\[97\]](#page-102-3) before the final fully connected layer reduces the spatial dimensions to 1x1 and thereby allows the network to be trained on images of different size. Skip connections which were introduced to solve the vanishing gradient problem can be found at each Basic and Bottleneck Block. The number of output classes is set to 1000 in the diagram above because the original ResNet architecture [\[69\]](#page-99-0) was trained on the ImageNet dataset [\[40\]](#page-96-4) which contains images of 1000 objects (classes). The ResNet-18 differs from the ResNet-34 architecture only in the number of Basic Blocks of which more are used in the latter.

#### Initial Layers

In this thesis the ResNet-18 and ResNet-34 architectures are used, whereby the suffix specifies the

depth of the network which is determined by the number of convolutional layers. However, even deeper [ResNet](#page-91-2) architectures exist: e.g.: ResNet50, ResNet-101, ResNet-152. Both ResNet-18 and ResNet-34 can be structured into 10 layers as can be seen in Table [3](#page-21-0) (Note: The layer structure corresponds to the official PyTorch implementation). A graphical representation of the ResNet-18 architecture is given in Figure [9.](#page-20-1)

In the original publication  $[69]$ , the ImageNet dataset  $[40]$  which contains more than a million images of 1000 everyday objects (classes) was used for training. The RGB images were resized to  $3x224x224$ (C...Channels, H...Height, W...Width). This size is used in Table [3](#page-21-0) as the basis for describing the output size after each layer. However, the network architecture is not restricted to a particular image size in terms of height and width due to the adaptive pooling layer [\[97\]](#page-102-3) before the final fully connected layer. The adaptive pooling layer  $[97]$  reduces the spatial dimensions  $(H,W)$  of the feature map to 1x1 by averaging them over each channel. Therefore, the network can be trained on and used for classification of images of different sizes. Nevertheless, this is discouraged as Richter et al. [\[126\]](#page-105-4) showed in their publication "Size Matters" that every network performs best at a specific size.

<span id="page-21-0"></span>

Layer ID	<b>Output Size</b> (C,H,W)	ResNet18	ResNet34	
(Input Image)	3x224x224			
$\theta$	64x112x112	Conv2d(K=7, O=64, S=2,P=3)		
	64x112x112	BatchNorm2d		
$\overline{2}$	64x112x112	ReLu		
3	64x56x56	$MaxPool2d(K=3,S=2,P=1)$		
4	64x56x56	Basic Block x2	Basic Block x3	
5	128x28x28	Bottleneck Block x1	Bottleneck Block x1	
		Basic Block x1	Basic Block x3	
6	256x14x14	Bottleneck Block x1	Bottleneck Block x1	
		Basic Block x1	Basic Block x5	
7	512x7x7	Bottleneck Block x1	Bottleneck Block x1	
		Basic Block x1	Basic Block x2	
8	512x1x1	AdaptiveAvgPool2d		
9	1000	Fully Connected Layer		
		(softmax)		

Table 3: ResNet-18 and ResNet-34 architecture as implemented in PyTorch.

The first 4 layers are the same for both ResNet-18 and 34: The input image is passed through a 2D convolutional (Conv2d) layer with kernel size 7, stride 2, padding 3 and a output channel size of 64, thus yielding a feature map size of  $64x112x112$ . A graphical demonstration of the convolutional operation is shown in Figure [10.](#page-22-0) In the next layer batch normalization (BatchNorm2d in PyTorch) is applied followed by a pass through a Relu (Rectifier linear unit) activation function (Equation [3\)](#page-21-1).

<span id="page-21-1"></span>
$$
Relu(z) = \max(0, z)
$$
\n(3)

Batch normalization was introduced by Ioffe and Szegedy [\[77\]](#page-100-3) to solve the problem of internal covariate shift by normalizing the input of each layer. It was further found to reduce overfitting. In the fourth layer, a maximum pooling (MaxPool2d) layer with kernel size 3, stride 2 and padding 1 halves the width and height of the feature map to  $64x56x56$ .

<span id="page-22-0"></span>

Figure 10: Graphical description of convolutional operation: The input tensor of size 5x5  $(I=5)$  is depicted in blue, the kernel of size 3x3  $(K=3)$  is depicted in grey and the padding of size  $P=1$  is shown as dotted lines. The size of the output tensor can be calculated from Equation [4](#page-22-1) and is depicted in green. The difference between subfigures A and B comes from the stride parameter S which describes the step size by which the kernel moves over the input tensor. While a stride of  $S=1$ is used in subfigure (A) corresponding to the convolutional operation of the [ResNet](#page-91-2) Basic Block, a stride of  $S=2$  is used in subfigure (B) corresponding to the convolutional operation of the [ResNet](#page-91-2) Bottleneck Block. Each entry of the output matrix is given by the sum of the elementwise matrix multiplication between the kernel and the corresponding (padded) input tensor. Figure by [\[151\]](#page-108-2)

The Output size  $O$  of a convolutional/maximum pooling operation can be determined from the input size I (height or width), the padding P, the stride S and the kernel size K using Equation [4](#page-22-1) [\[74\]](#page-100-2).

<span id="page-22-1"></span>
$$
O = \frac{I + 2P - K}{S} + 1\tag{4}
$$

#### Basic and Bottleneck Blocks

In the next layers a varying number of Basic Blocks is alternated with Bottleneck Blocks, whereby the number of Basic Blocks is specific to ResNet-18 and 34. The blocks (visualized in Figure [11\)](#page-23-0) are structured as follows:

- Basic Block:
	- 1. Conv2d: K=3, S=1, P=1,  $\#$ output channels =  $\#$ input channels
	- 2. BatchNorm2d
	- 3. ReLU
	- 4. Conv2d: K=3, S=1, P=1
	- 5. BatchNorm2d
- Bottleneck Block:
	- 1. Conv2d: K=3, S=2, P=1,  $\#$ output channels =  $\#$ input channels \* 2
	- 2. BatchNorm2d
	- 3. ReLU
	- 4. Conv2d: K=3, S=1, P=1,
	- 5. BatchNorm2d

The only difference between the blocks is that the first convolutional operation uses a stride of 1 in the Basic Block, but a stride of 2 in the Bottleneck Block (see visualization in Figure [10\)](#page-22-0). Additionally, the number of output channels doubles after each Bottleneck Block. Effectively the feature map size is halved since the first convolutional operation of the Bottleneck Block decreases both the height and width of the feature map by 2. The Basic Blocks, on the other hand, do not change size of the feature map. Batch normalization [\[77\]](#page-100-3) is applied after each convolutional step to normalize the input for the following layers.

#### Skip Connections

Skip connections were introduced to tackle the vanishing gradient problem which impairs the training of especially deep (convolutional) neural networks as the gradient (required for updating the network's weights) becomes diminishingly small during backpropagation. Moreover, skip connections solve the problem of accuracy degradation which occurs with increasing number of layers and thus made training of deep neural networks possible (e.g.:  $152$  layers [\[69\]](#page-99-0)). In the ResNet architecture, each Basic and Bottleneck Block contains skips connections which allow the input to bypass the Blocks as shown in Figure [11.](#page-23-0) Since the feature map decreases in size after passing through a Bottleneck Block, the input X needs to be downsampled by the skip connection. This is accomplished by using a convolutional operation with stride 2 and kernel size of 1 to match the output feature map size of the Bottleneck Block. In the skip connection of the Basic Block the input can be used directly (identity mapping).

<span id="page-23-0"></span>

Figure 11: ResNet Basic and Bottleneck Block: Both, the Basic (left) and Bottleneck Block (right) consist of 5 consecutive operations: Convolution, batch normalization, ReLU, convolution and batch normalization. The blocks differ in the first convolutional operation which uses a stride of  $S=1$  in the Basic Block but stride of 2 in the Bottleneck Block. Therefore, an additional difference can be found in the skip connection which allow the input X to bypass the Basic Block and Bottleneck Block, respectively: While the input can pass by unchanged through the skip connection of the Basic Block, the input needs to be downsampled in the skip connection of the Bottleneck Block to match the decreased feature map size. The latter is accomplished with a convolutional operation with kernel size K=1 and stride S=2.

#### Class Probabilities

After the last Basic Block the feature map size is reduced from  $512x7x7$  to  $512x1x1$  by the Adaptive Average Pooling layer (AdaptiveAvgPool2d) and then passed to the final fully collected layer. The output size of the fully connected layer depends on the number of classes the model is supposed to predict. Since the original ResNet architecture was trained on the ImageNet the output of the last layer is a vector of size 1000 corresponding to the 1000 ImageNet classes and contains the so called "logits".

To obtain the class probabilities  $p[c]$  for each of the  $c \in C$  classes from the logits z the softmax activation function is applied:

$$
p[c] = P(y = c) = \frac{e^{z[c]}}{\sum_{i=1}^{C} e^{z[i]}}
$$
\n(5)

#### Loss Function

During training of the ResNet the cross entropy loss is minimized, whereby  $y$  is a one hot coded vector with the true class labels:

CrossEntropyLoss
$$
(p, y) = -\sum_{i=1}^{C} y[i]log(p[i])
$$
 (6)

#### <span id="page-24-0"></span>1.4.2 You Only Look Once

You only look once [\(Yolo\)](#page-92-0) was developed by Redmon et al. [\[124\]](#page-105-2) to tackle the challenge of real time object detection where the goal is to identify and locate objects not only in images but also in live video streams. [Yolo](#page-92-0) is faster and more accurate compared to the sliding window based Deformable Parts Models [\(DPM\)](#page-90-10) [\[128\]](#page-105-5) and much faster but slightly less accurate than Region-based Convolutional Neural Networks [\(R-CNN\)](#page-91-13) [\[51\]](#page-97-6). Yolo treats object detection as a regression problem and gains its speed from predicting both class probability and bounding box in one neural network (single stage detector).

<span id="page-24-1"></span>

Figure 12: Network architecture of the first You only look once [\(Yolo\)](#page-92-0) version: The backbone consists of 24 convolutional layers without skip connections and 2 fully connected layers as the head of the network. The input image is divided into a 7x7 grid: At the end of the backbone 1024 features are extracted per grid cell. The fully connected layers then use the 1024x7x7 feature map to make 2 bounding box predictions per grid cell and 20 class probabilities for the 20 objects to detect (Note: The original dataset contains 20 classes). Each bounding box prediction consists of 5 entries: The relative center coordinates x and y, the height h, the width w and the confidence c of the bounding box. Figure by Redmon et al.  $[124]$  ( $\odot$  2016 IEEE, reuse permitted).

#### Architecture

The original architecture (Figure [12\)](#page-24-1) consists of a backbone with 24 convolutional layers and a head with 2 fully connected layers which predicts the bounding box and class probabilities. The backbone of the network convolves the input image into a grid of size  $S \times S$ . At the end of the backbone, a feature map of size  $1024 \times S \times S$  (C...Channels, H...Height, W...Width) is generated corresponding to 1024 features per grid cell. The output of the backbone is used by the fully connected layers of the head to generated B bounding box predictions per grid cell. Each bounding box is described by 5 entries: the relative x and y coordinates of the bounding box center, the relative width w and height h of the bounding box and the confidence c of the prediction. The confidence c is defined as

$$
c = P(object) * IoU^{pred}_{truth}
$$
\n<sup>(7)</sup>

whereby the  $IoU^{pred}_{truth}$  is the Intersection over Union between the ground truth and the predicted bounding box area:

$$
IoU_{truth}^{pred} = \frac{|truth \cap pred|}{|truth \cup pred|}
$$
 (8)

 $P(object) = 0$  if no object is present in the image. Additionally, a set of conditional class probabilities  $P(class_i|object)$  is predicted for each grid cell. Therefore, the output of the fully connected layer is of shape  $S \times S \times (5B + C)$ . To obtain class specific confidence scores for each predicted bounding box the conditional probabilities are multiplied with the confidences of the bounding box during test time:

$$
P(class_i|object) * P(object) * IoU^{pred}_{truth} = P(class_i) * IoU^{pred}_{truth}
$$
 (9)

Thus, in one class object detection (e.g.: Lesion Detection) the class specific confidence score simple corresponds to the  $IoU^{pred}_{truth}$  as  $P(class) \in \{0, 1\}$ .

#### Loss Function

During training of Yolo the mean squared error over all predicted bounding boxes and grid cells is minimized whereby the loss function is defined as follows:

$$
\lambda_{coord} \sum_{i=0}^{S^2} \sum_{j=0}^{B} 1_{ij}^{obj} \left( ((x_i - \hat{x}_{ij})^2 + (y_i - \hat{y}_{ij})^2) \right) +
$$
  

$$
\lambda_{coord} \sum_{i=0}^{S^2} \sum_{j=0}^{B} 1_{ij}^{obj} \left( \sqrt{w_i} - \sqrt{\hat{w}_{ij}}^2 \right)^2 + (\sqrt{h_i} - \sqrt{\hat{h}_{ij}}^2)^2 \right) +
$$
  

$$
\sum_{i=0}^{S^2} \sum_{j=0}^{B} 1_{ij}^{obj} (c_i - \hat{c}_{ij})^2 + \lambda_{nobj} \sum_{j=0}^{S^2} \sum_{j=0}^{B} 1_{ij}^{nobj} (c_i - \hat{c}_{ij})^2 + \sum_{j=0}^{S^2} \sum_{j=0}^{C} 1_{ij}^{obj} (p_i[j] - \hat{p}_i[j])^2
$$
 (10)

The first two terms give the localization error between the predicted bounding box parameters 
$$
(\hat{x}_{ij}, \hat{y}_{ij}, \hat{w}_{ij}, \hat{h}_{ij})
$$
 and the ground truth bounding box parameters  $(x_{ij}, y_{ij}, w_{ij}, h_{ij})$ . The parameter  $\lambda_{coord}$  is used to adjust the weight of the localization loss, whereby Redmon et al. [124] proposed  $\lambda_{coord} = 5$  to increase the contribution of the localization loss.  $1_{ij}^{obj}$  is 1 if the confidence of the predicted box is the highest in the grid cell and otherwise 0. Therefore, only the most confident

predicted box is the highest in the grid cell and otherwise 0. Therefore, only the most confident bounding box contributes to the loss. The third term penalizes deviations of the bounding box confidence  $\hat{c}_{ij}$  from the [IoU](#page-91-14) between the predicted bounding box and the true bounding box of the

grid cell  $c_i$ . The fourth term penalizes confidences for bounding box predictions that do not contain an object and is weighted with the parameter  $\lambda_{n oobj}$ , whereby the authors proposed  $\lambda_{n oobj} = 0.5$ to decrease the contribution of empty bounding box predictions to the loss function.  $\mathbb{1}_{ij}^{n \text{obj}}$  is 1 if the predicted bounding box does not contain any object and 0 otherwise. As a result, the term contributes only to the loss functions if the image is empty. The final term represents the error of the predicted conditional class probabilities  $\hat{p}_i$ . It only contributes to the loss function if the grid cell contains an object:  $\mathbb{1}_i^{obj}$  is 1 if the grid cell contains an object and 0 otherwise.

#### Non Maximum Suppression

In the original Yolo implementation the following parameters were chosen:  $S=7$ ,  $B=2$  and  $C=20$ . Therefore, 98 bounding box predictions are made for each image. If the image contains larger objects it is possible that multiple overlapping bounding boxes are predicted for one object. In this case Non Maximum Suppression [\(NMS\)](#page-91-15) can be used to reduce the number of overlapping bounding boxes. [NMS](#page-91-15) is an iterative algorithm. In each iteration:

- 1. The bounding box with the highest confidence  $b_m$  from the set of bounding box predictions  $\mathfrak B$ is selected.
- 2. All bounding boxes  $b \in \mathfrak{B}$  are removed if their IoU with  $b_m$  is greater than the threshold  $t_{NMS}$ .
- 3.  $b_m$  is removed from  $\mathfrak{B}$  and added to the set of accepted bounding boxes  $\mathfrak{D}$ .

The process is repeated with the remaining bounding boxes until  $\mathfrak B$  is empty and therefore the [IoU](#page-91-14) between all accepted bounding boxes in  $\mathfrak D$  is smaller than  $t_{NMS}$  (Algorithm [1\)](#page-26-0).

```
Algorithm 1 Non Maximum Suppression (NMS) - adapted from Bodla et al. [19]
Input:
   \mathfrak{B} = \{b_1, \ldots b_N\}: List of N bounding box predictions
   b_i = \{x, y, h, w, c\}: i<sup>th</sup> bounding box prediction
   t_{NMS}: NMS threshold
Output: \mathfrak{D}: List with non maximum suppressed bounding box predictions
   begin
        \mathfrak{D} \leftarrow \{\}while \mathfrak{B} \neq \{\} do
             m = argmax(b_i[c])\mathfrak{B} \leftarrow b_m\mathfrak{D} \leftarrow \mathfrak{D} \cup \{b_m\}, \mathfrak{B} \leftarrow \mathfrak{B} \setminus \{b_m\}for b in \mathfrak B do
                  if IoU_{b_m}^b > t_{NMS} then
                       \mathfrak{B} \leftarrow \mathfrak{B} \setminus \{b\}end if
            end for
        end while
        return D
   end
```
#### Improvements of Yolo

The original [Yolo](#page-92-0) architecture has been improved since its first publication multiple times with at least 8 versions and variations released:

- With yolo9000 [\[122\]](#page-105-6), the **second version of Yolo** the number of detected classes was extended from 20 to over 9000 (hence the name). One of the major changes was the introduction of anchor boxes. Instead of predicting the bounding boxes directly, the network predicts the displacement in x, y, height and width relative to the anchor boxes. The anchor boxes are obtained using k-means clustering on the bounding boxes of training data and represent a prior for the location of objects. Additionally, the backbone was replaced by the Darknet-19 architecture, batch normalization added, the grid size increased to 13x13 for a more fine grained feature extraction and pass through layers (similar to the skip connections in [ResNet\)](#page-91-2) were introduced.
- The third Yolo version [\[123\]](#page-105-7) improved the detection of small objects by changing the backbone of the network to the Darknet-53 architecture with more than 2 times more convolutional layers than the previous Yolo version. Additionally, a Feature Pyramid Network [\(FPN\)](#page-90-11) [\[98\]](#page-102-4) was added as a "neck" to extract features from different convolutional layers.
- The fourth version of Yolo [\[18\]](#page-94-7) brought further improvements in accuracy and speed by exchanging the backbone with the CSPDarknet53 architecture and by adding the Path Aggregation Network [\(PANet\)](#page-91-16) [\[99\]](#page-102-5) and Spatial Pyramid Pooling [\(SPP\)](#page-91-17) [\[67\]](#page-99-4) for feature aggregation and improvements of the receptive field [\[110\]](#page-103-6).
- The fifth version of Yolo was not published in a paper but on a well documented GitHub repository<sup>[2](#page-0-0)</sup>. The authors of the fifth Yolo version claim that their Pytorch implementation is faster and more lightweight than the previous version (4). One major advantage constitutes the support for compound scaling (similar to Tan and Le [\[145\]](#page-107-5)) whereby the depth and width of the backbone architecture can be adjusted by parameters yielding more lightweight but less accurate models and vice versa. An overview of the architecture is given in Figure [13.](#page-28-0)

The third version of Yolo was the last version to be published by the original authors [Redmon and](#page-105-7) [Farhadi.](#page-105-7) Since then many variants of the canonical Yolo were created and the version numbering became more ambiguous.

<sup>2</sup><https://github.com/ultralytics/yolov5>

<span id="page-28-0"></span>

Figure 13: You only look once [\(Yolo\)](#page-92-0) version 5: The fifth [Yolo](#page-92-0) version introduced the Focus layer as the first layer of the backbone to reduce the number of parameters and Graphics Processing Unit (GPU) memory [\[52\]](#page-97-7). The C3 blocks consist of 3 convolutional layers followed by bottleneck layers. At the end of the backbone, a Spatial Pyramid Pooling [\(SPP\)](#page-91-17) [\[67\]](#page-99-4) layer facilitates the use of input images of different size (similar to the max pooling layer of Residual Network [\(ResNet\)](#page-91-2)). The neck uses a Path Aggregation Network [\(PANet\)](#page-91-16) [\[99\]](#page-102-5) to extract features from various layers of the backbone. The bounding box prediction is made from the 3 convolutional layers of the head. Figure by Nepal and Eslamiat [\[110\]](#page-103-6) (CC BY 4.0).

### <span id="page-30-0"></span>2 ML for Breast Cancer Diagnosis in MRI - State of the Art

In this chapter the state of the art in [ML](#page-91-0) based approaches for the diagnosis of breast cancer in [MRI](#page-91-1) is explored. Since data generated by [DCE-MRI](#page-90-0) is not only rich in spatial but also temporal information, [ML](#page-91-0) methods for the automatic analysis of breast [MRI](#page-91-1) were developed with the aim to uncover disease related patterns that are hard or impossible to uncover by human vision [\[125\]](#page-105-0). Moreover, [ML](#page-91-0) is frequently used for the integration of other [MRI](#page-91-1) imaging techniques such as T2 weighted [MRI](#page-91-1) and Diffusion-Weighted Imaging [\(DWI\)](#page-90-12) to so called multiparametric Magnetic Resonance Imaging [\(mpMRI\)](#page-91-18) [\[146,](#page-107-6) [152\]](#page-108-3). In breast cancer research the tasks addressed by [ML](#page-91-0) include breast/lesion segmentation, lesion detection, lesion classification, prediction of response to chemotherapy and many more [\[125\]](#page-105-0). In this thesis we employed [ML](#page-91-0) to tackle the problem of lesion detection and classification in breast MRI. Therefore, a description of the relevant [ML](#page-91-0) paradigms will be given and subsequently the state of the art in these two tasks is provided in the following.

#### <span id="page-30-1"></span>2.1 Supervised and Unsupervised Learning

[ML](#page-91-0) can be divided into two approaches: Supervised and unsupervised learning [\[10\]](#page-93-6). Supervised learning is characterized by labeled training data and is commonly applied in classification and regression tasks [\[10\]](#page-93-6). For instance, in the task of lesion classification the training images may be labeled as benign or malignant by a human expert [\[75\]](#page-100-4) or in lesion detection the location of the lesion may be provided as a binary mask [\[37\]](#page-96-5). The models of the supervised approaches are trained to predict the true labels for a given input. Therefore, the advantage of supervised learning is the possibility of training a model to predict a task specific output from the input data [\[24\]](#page-95-3). However, the requirement for labeled training data can be considered a disadvantage since it is often time consuming and expensive to obtain [\[164\]](#page-109-4). By contrast, unsupervised [ML](#page-91-0) offers the advantage that it does not require labeled data. It uses unlabeled training data with the goal of finding a structure in the training data whereby common tasks include clustering and dimensionality reduction. For example Cai et al. [\[25\]](#page-95-4) used a K-nearest neighbor [\(KNN\)](#page-91-19) to cluster benign and malignant lesions or Fan et al. [\[44\]](#page-97-8) used an unsupervised Convex Analysis of Mixtures [\(CAM\)](#page-90-13) to identified subregions in intra- and peritumoral tissue. Another advantage of unsupervised learning is that it can uncover patterns/associations which are yet unknown and thus the training data could not even be labeled for supervised training. In medical applications unsupervised learning can therefore be used to discover disease specific changes [\[44\]](#page-97-8).

#### <span id="page-30-2"></span>2.2 Transfer Learning

One way to overcome the lack of labeled data in supervised learning approaches is transfer learning. Therein, the idea is that the "knowledge" gained by a model trained on one task can be used to solve another task [\[167,](#page-110-2) [113\]](#page-104-3). For instance, models that were originally trained to classify natural images (e.g.: ImageNet dataset) can be finetuned to classify lesions as benign/malignant in breast [MRI](#page-91-1) [\[158,](#page-109-5) [60,](#page-98-3) [163\]](#page-109-6). If the model was initially trained on a task from another domain as in the previous example, this transfer learning type is also referred to as cross domain transfer learning. In contrast, domain specific (or intra-domain) transfer learning takes advantage of "knowledge" gained by models on tasks of the same domain (e.g.: medical [MRI\)](#page-91-1) [\[113\]](#page-104-3).

#### <span id="page-31-0"></span>2.3 Conventional Machine Learning and Deep Learning

Meyer-Bäse et al.  $[107]$  distinguishes [DL](#page-90-1) (see definition in Section [1.4\)](#page-18-0) based [ML](#page-91-0) approaches from non deep learning based approaches which they termed Conventional Machine Learning [\(CML\)](#page-90-14). [CML](#page-90-14) approaches include Support Vector Machine [\(SVM\)](#page-91-20) [\[36\]](#page-96-6), random forests [\[21\]](#page-94-8), k-means clustering [\[101\]](#page-102-6) (non-comprehensive list). [DL](#page-90-1) based approaches encompass [ResNet](#page-91-2) [\[69\]](#page-99-0), Variational Autoencoder [\(VAE\)](#page-92-3) [\[87\]](#page-101-6), Generative Adversarial Network [\(GAN\)](#page-90-15) [\[54\]](#page-98-4) (non-comprehensive list). While conventional machine learning approaches are trained on precalculated features of the given training data the goal of [DL](#page-90-1) based methods is to find a representation of the features during the training process [\[107\]](#page-103-1). In breast cancer research, radiomics is most commonly used in conjunction with [CML](#page-90-14) approaches. Therein, mostly hand-crafted features are extracted from segmented lesions on which a classifier is trained. For example, Tao et al. [\[146\]](#page-107-6) used Pyradiomics [\[150\]](#page-108-4) to extract 1132 features of manually segmented [ROI](#page-91-12) in [mpMRI](#page-91-18) and subsequently trained a random forest classifier on the top 10 feature principle components to discern between malignant and benign lesions. In [DL](#page-90-1) feature extraction is achieved by passing the input data through multiple interconnected layers whereby the early layers represent low level features (edges, contours, angles) and the later layers high level features (patterns, shapes). Therefore, the advantage of DL based methods is that an optimal representation of the training data is automatically learned in the training process while it has to be manually generated in [CML](#page-90-14) approaches [\[95\]](#page-102-7). This allows DL methods to generalize better and thus to perform better on previously unseen data. On the downside [DL](#page-90-1) based methods require in general more training data compared to [CML.](#page-90-14) Truhn et al. [\[148\]](#page-107-7) found that [CNN](#page-90-9) based classification of malignant and benign lesions performed better than a classifier based on radiomic features. More interestingly, they showed that increasing the training data set size improved the performance of the [CNN](#page-90-9) but not the radiomic based approach (plateau effect).

#### <span id="page-31-1"></span>2.4 Approaches to Lesion Detection and Classification

Tools that aid radiologists in the diagnosis of diseases can be divided into two groups: Computer Aided Detection [\(CADe\)](#page-90-16) and Computer Aided Diagnosis [\(CADx\)](#page-90-17) systems [\[45\]](#page-97-9). By this classification, lesion detection belongs to the group of [CADe](#page-90-16) systems with the goal of detecting (and localizing) suspicious lesions in breast [MRI.](#page-91-1) In contrast, lesion classification is a [CADx](#page-90-17) system which provides information on the malignancy or molecular subtype of a lesion. The systematic review on [AI](#page-90-7) in [MRI](#page-91-1) by Meyer-Bäse et al. [\[107\]](#page-103-1) indicates that the published literature on [CADe](#page-90-16) systems is less abundant compared to [CADx:](#page-90-17) 10% vs 42%. Often [CADe](#page-90-16) systems go hand in hand with [CADx](#page-90-17) systems so that detection and classification are part of one pipeline [\[56\]](#page-98-5) [\[140\]](#page-106-6). In the following various approaches to lesion classification and detection in breast [MRI](#page-91-1) are presented and analyzed.

#### <span id="page-31-2"></span>2.4.1 Lesion Classification with Conventional Machine Learning

In this subchapter several [CML](#page-90-14) approaches for lesion classification are presented. Cai et al. [\[25\]](#page-95-4) evaluated several classification models for the differentiation of benign and malignant lesions: To this end, they combined features (morphological, kinetic and textural) extracted from segmented lesions in DCE and DWI MRI of a cohort consisting of 234 patients. The diagnostic value of the feature combination for the classification of benign and malignant lesions was assessed using [SVM,](#page-91-20) [KNN,](#page-91-19) Naive Bayes and Logistic Regression in a 10-fold cross validation, whereby their Naive Bayes and [KNN](#page-91-19) approach performed best in terms of Receiver Operating Characteristic [\(ROC\)](#page-91-21) Area Under the Curve [\(AUC\)](#page-90-18). While Cai et al. [\[25\]](#page-95-4) used a combination of Dynamic Contrast Enhanced [\(DCE\)](#page-90-19)- and [DWI-](#page-90-12)[MRI,](#page-91-1) Bhooshan et al. [\[17\]](#page-94-9) compared the classification of benign and malignant lesions in [DCE-MRI](#page-90-0) and non-contrast enhanced High Spectral and Spatial [\(HiSS\)](#page-91-22) [MRI](#page-91-1) in a dataset of 41 lesions. To this end, they extracted kinetic and morphological features (texture, spiculation and geometry) from segmented lesions in [DCE-MRI](#page-90-0) and morphological features from [HiSS](#page-91-22) [MRI.](#page-91-1) The extracted features were then used to train a Bayesian neural network in a one-leave out cross validation, whereby no significant difference in [ROC](#page-91-21) [AUC](#page-90-18) was found between [DCE-MRI](#page-90-0) and [HiSS](#page-91-22) based classification (0.90 vs 0.92). Therefore, no additional benefit from HiSS [MRI](#page-91-1) could be shown. One drawback of the previously mentioned lesion classification approaches by Cai et al. [\[25\]](#page-95-4) and Bhooshan et al. [\[17\]](#page-94-9) is the requirement for segmented lesions. To overcome this requirement, Yang et al. [\[166\]](#page-109-7) used only global kinetic features extracted from the pre-contrast and first two post contrast images without the need for lesion segmentation. They found that the maximum enhancement values computed for each voxel of left and right breast was suitable for the classification of benign and malignant breasts [\(ROC](#page-91-21) [AUC:](#page-90-18) 0.839)

As the use of the gadolinium based contrast agent (required in [DCE-MRI\)](#page-90-0) is know to accumulate in the brain [\[81\]](#page-100-5) its effects on health are critically discussed [\[8\]](#page-93-7). Therefore, the approach by Chen et al. [\[27\]](#page-95-5) could be viewed as advantageous since it does not rely on [DCE-MRI:](#page-90-0) The authors employed support vector machine discriminant analysis on quantitative features extracted from [DWI](#page-90-12) [MRI](#page-91-1) only and reported a specificity of 87% at 100% sensitivity in the classification of benign and malignant lesions. A similar approach was also explored by Vidić et al. [\[153\]](#page-108-5).

More recent publications tend to focus on a plethora of features extracted from lesion areas in order to improve classification performance: For instance, Hao et al. [\[63\]](#page-99-5) extracted 1046 radiomic features from lesions in T1 weighted [DCE-MRI](#page-90-0) and T2 weighted [MRI](#page-91-1) in patients with contralateral breast cancer (previous cancer in other breast) to train a [SVM](#page-91-20) to discriminate benign and malignant lesions. The authors showed that the combination of [DCE-MRI](#page-90-0) and T2 weighted [MRI](#page-91-1) significantly improved classification performance compared to using [DCE-MRI](#page-90-0) features only (ROC AUC: 0.77 vs. 0.71). As another example, Wang et al. [\[159\]](#page-109-8) identified several features related to homogeneity, heterogeneity and randomness that were significantly different in benign and malignant lesions and used them to classify [BI-RADS](#page-90-2) 4 cases: A score calculated from the linear combination of the features was used as the predictor for malignancy. Similarly Jiang and Yin [\[80\]](#page-100-6) also used texture features extracted from segmented lesions in [DCE-MRI](#page-90-0) for [SVM](#page-91-20) based malign/benign classification. However, the extracted features can not only be used to discriminate benign and malignant lesions: In order to predict the molecular subtype of lesions, Saha et al. [\[129\]](#page-105-1) developed an approach in which 529 radiomic features extracted from segmented lesions in [DCE-MRI](#page-90-0) images are used by a random forest classifier. A dataset of 922 patients with confirmed invasive breast cancer collected at the Duke university was used. Eventually, the authors could show that the Luminal A subtype, [TNBC](#page-92-2) and [ER](#page-90-6) and [PR](#page-91-10) status could be predicted with an accuracy ranging from 60 to 70%. The authors also made their dataset publicly available via The Cancer Imaging Archive [\(TCIA\)](#page-91-23) [\[33\]](#page-95-6), so that it could be used in this thesis.

While the previously mentioned approaches use just one classifier, Vamvakas et al. [\[149\]](#page-107-8) investigated the benefit of ensemble learning methods (which combine several weak performing models) in the classification of lesions using features extracted from [mpMRI](#page-91-18) [\(DCE](#page-90-19) and [DWI\)](#page-90-12). They showed that Extreme Gradient Boosting [\(XGBoost\)](#page-92-4) [\[29\]](#page-95-7) and Light Gradient Boosting Machine [\(LightGBM\)](#page-91-24) [\[82\]](#page-101-7) classifiers had a significantly higher [ROC](#page-91-21) [AUC](#page-90-18) than a [SVM](#page-91-20) classifier that was used as a non ensemble reference (0.95 and 0.94 vs 0.88). Since the use of ensemble learning improved classification performance it will also be used in this thesis for the classification of benign and malignant lesions, whereby domain specific transfer learning will be employed additionally.

#### <span id="page-33-0"></span>2.4.2 Lesion Classification with Deep Learning

As the last subchapter gave an overview on [CML](#page-90-14) for lesion classification, this subchapter introduces several [DL](#page-90-1) based methods. Wang et al. [\[157\]](#page-108-6) finetuned an ImageNet pretrained ResNet50 model to classify non mass enhancement lesions as benign or malignant and reported an [ROC](#page-91-21) [AUC](#page-90-18) of 0.816. The input of model their model consists of a 3 channel image containing two copies of the axial/sagittal Maximum Intensity Projection [\(MIP\)](#page-91-25) of the first post contrast volume and the mask delimiting the lesion. In order to avoid avoid the time consuming segmentation of lesions, Zhang et al. [\[170\]](#page-110-3) developed a fully automated lesion classification pipeline using [mpMRI](#page-91-18) [\(DCE-MRI,](#page-90-0) [DWI](#page-90-12) and T2 weighted [MRI\)](#page-91-1). To this end, a **nnUNet** [\[78\]](#page-100-7) model was used for lesion segmentation, from which radiomic and kinetic features are extracted. The classification into malignant and benign is finally achieved by a combination of **[SVM](#page-91-20)** and **Logistic Regression**. The authors reported a [ROC](#page-91-21) [AUC](#page-90-18) of 0.946 and 0.842 on their internal and external validation cohort, respectively.

A completely lesion segmentation independent approach was explored by Wang et al. [\[158\]](#page-109-5) who evaluated ImageNet pretrained MobileNet models [\[73\]](#page-100-8) (a comparably light weight [CNN](#page-90-9) architecture) in a five fold cross validation for the classification of malignant and benign lesions in [DCE-MRI.](#page-90-0) They found that fine-tuning all layers as opposed to just the last layer slightly improved [ROC](#page-91-21) [AUC](#page-90-18) form 0.73 to 0.74. While Wang et al. [\[158\]](#page-109-5) used cross domain transfer learning, Hadad et al. [\[60\]](#page-98-3) tested their hypothesis that cross modal transfer learning improves the classification of mass vs. non mass lesions compared to cross domain transfer learning. As a reference for cross modal transfer learning a VGG-Net [\[136\]](#page-106-5) model that was pretrained on mammography images was used. Conversely, for cross domain transfer learning the VGG-Net model was pretrained on the ImageNet dataset. The last layers of the models were fine tuned on a [DCE-MRI](#page-90-0) dataset consisting of 123 patients. The study showed that cross modal transfer learning yielded a higher model accuracy than cross domain transfer learning (0.93 vs 0.9). Surprisingly, the best performance was achieved when the model was trained from scratch, i.e. without the use of transfer learning at all (0.94). The same VGG architecture was used by Hu et al. [\[75\]](#page-100-4) who tried to determine the benefit of [mpMRI](#page-91-18) for the classification of the benign and malignant lesions: In the first step the [ROI](#page-91-12) is extracted from the [MIP](#page-91-25) of the second post contrast subtraction volume and the center slice of the T2 weighted volume. In the second step the [DCE](#page-90-19) [MIP](#page-91-25) and T2 patch containing the [ROI](#page-91-12) are individually passed through an ImageNet pre-trained VGG-19 network. Interestingly, VGG-19 is not directly used as a classifier but as a feature extractor. The features of the [DCE](#page-90-19) and T2 [ROI](#page-91-12) are extracted from the last max-pooling layer of the VGG-19 network, merged and passed to a [SVM](#page-91-20) classifier which is responsible for the classification of the [ROI.](#page-91-12) Their dataset consisted of 927 biopsy confirmed lesions  $(21\% \text{ benign}, 79\% \text{ malignant})$  that were initially reported as [BI-RADS](#page-90-2)  $> 4$ . The authors reported an [AUC](#page-90-18) of 0.87. Fusion of [ROI](#page-91-12) improved classification performance only modestly compared to using the features of the [DCE-MRI](#page-90-0) [ROI](#page-91-12) alone (AUC 0.85), indicating that the addition of T2 weighted [MRI](#page-91-1) does not carry much additional information on lesion malignancy.

While the previously mentioned [DL](#page-90-1) approaches use [DCE-MRI,](#page-90-0) they do not take full advantage of its temporal information information. In contrast, Gravina et al. [\[55\]](#page-98-6) developed an approach that exploits the 3 Time Point [\(3TP\)](#page-90-20) method [\[39\]](#page-96-7) for the classification of benign and malignant lesions. To this end, the slices containing the lesion are extracted from pre contrast, 2 minute and 6 minute post contrast volumes so that a 3 channel image can be created for each slice. The 3 channel slices are then passed through an AlexNet model which classifies each slice as malignant or benign. Subsequently, the slice wise predictions are merged using (weighted) majority voting to obtain a malignancy probability for the lesion. A dataset consisting of 39 women with 36 malignant and 22 benign lesions was used. Due to the small size of the dataset the authors used an ImageNet pre-trained AlexNet in a 10 fold cross validation to assess the performance of their approach. With their [3TP](#page-90-20) approach an [ROC](#page-91-21) [AUC](#page-90-18) of 81.48% could be achieved compared to 75.93% when just 1 time point was used. However, Zheng et al. [\[174\]](#page-110-4) claimed that using just 1 or even 3 [DCE](#page-90-19) time points is not sufficient for the classification of small lesions (<15mm diameter). As a solution, they propose to encode all [DCE-MRI](#page-90-0) time points as sequential data using a Dense Convolution Long Short Term Memory [\(DC-LSTM\)](#page-90-21) architecture, whereby the [DC-LSTM](#page-90-21) cell states are prior initialized with the Apparent Diffusion Coefficient [\(ADC\)](#page-90-22) map derived from [DWI-](#page-90-12)[MRI.](#page-91-1) Subsequently, the [DC-LSTM](#page-90-21) encoded [DCE](#page-90-19) information is fed into a ResNet50 model which is eventually responsible for the classification of the lesion. In order to accelerate training convergence, 4 auxiliary tasks were devised (prediction of 4 markers extracted from diagnostic report). Since training of the [DC-LSTM](#page-90-21) network turned out hard, a segmentation loss was introduced to "focus the attention" of the network on the lesion. The later is in contradiction to other authors who showed that the inclusion of peritumoral tissue improved lesion classification [\[86,](#page-101-8) [44\]](#page-97-8). A dataset consisting of 72 lesions (45 benign, 27 malignant) was used in a 3-fold cross validation to estimate classification accuracy where it was shown that the combination of [DC-LSTM](#page-90-21) + ResNet50 outperformed their [3TP](#page-90-20) ResNet50 only approach: Accuracy: 0.847 vs. 0.667. This indicates that the use of more [DCE](#page-90-19) time points is beneficial for the classification of lesions. However, depending on the acquisition protocol more than 3 DCE time points may not available. Thus, the requirement for more than 3 time points can also be viewed as a limitation.

#### <span id="page-34-0"></span>2.4.3 Lesion Detection

In the following approaches to lesion detection are presented, whereby in many cases lesion detection is intertwined with lesion classification: Zhang et al. [\[173\]](#page-110-5) proposed a two stage approach to lesion detection: In the first stage, lesions are localized in [DCE-MRI](#page-90-0) using Mask [R-CNN](#page-91-13) [\[70\]](#page-99-6) based bounding box predictions. For each breast one bounding box is predicted from a 3 channel image consisting of the first subtraction image, the pre-contrast image, and the subtraction image of the contralateral breast (taking advantage of (a)symmetry, reminiscent of Yang et al. [\[166\]](#page-109-7)). In the second stage, the patches described by the predicted bounding boxes are classified by a ResNet50 model as benign and malignant. The ResNet50 model uses a 3 channel image consisting of three [DCE](#page-90-19) parametric maps whereby each map holds pixel wise description of a parameter of the enhancement curve (wash-in, mid enhancement and washout). In contrast, the second stage of the approach by Dalmış et al. [\[37\]](#page-96-5) is not used for classification but for the reduction of false positives: In the first stage a 2D U-net [\[127\]](#page-105-8) is used to obtain pixel wise lesion likelihoods for each slice in the [MRI](#page-91-1) volume which are subsequently stacked to a lesion likelihood volume. In the second stage candidate lesion patches are extracted from the lesion likelihood volume and passed along with a patch corresponding to the contralateral breast into a **dual 3D [CNN](#page-90-9)** which outputs the final lesion likelihood. The use of the dual 3D [CNN](#page-90-9) was justified by previous research in [MRI](#page-91-1) and mammography that showed that the exploitation of breast symmetry is beneficial in the detection of lesions [\[139,](#page-106-7) [90\]](#page-101-9). Interestingly, only the pre-contrast image and the relative enhancement of the first post contrast time point are used as an input to the first stage. An average sensitivity of 0.64 was achieved between 1/8 and 8 false positives per scan. A dataset consisting of 201 women who underwent [MRI](#page-91-1) screening or preoperative staging was used as a training dataset. As a test set a dataset of 160 high risk patients who participated in a screening program for up to 11 years was used. Unfortunately, the authors did not make their source code or patient cohort publicly available.

To simultaneously detect and classify lesions (in T1 weighted [DCE-MRI](#page-90-0) slices) in just one stage-Herent et al. [\[71\]](#page-99-7) used an ImageNet [\[40\]](#page-96-4) pre-trained ResNet50 [\[171\]](#page-110-6). The last layers of the ResNet50 are modified to produce a feature map of size 2048x8x11. The feature map is used twofold: For [CADe](#page-90-16) it is convolved to a 8x11 "attention map" which represents the coarse localization and lesion probability for each 8x11 cell in the input slice. For [CADx](#page-90-17) a weighted average of the feature map using the attention map as weights is generated thereby reducing the feature map to a vector of 2048 features that are then fed through a fully connected layer which is responsible for classifying the slice as either "malignancy, normal tissue, other benign lesion, [IDC](#page-91-8) or other malignant lesion". From a medical perspective the differentiation between the classes malignancy, IDC or other malignant lesion is not clear as all of the categories could be summarized as malignant. Interestingly, the authors used separate model weights for the classification and detection task. In the study a balanced dataset ( 30% healthy, 33% benign, 33% malignant) consisting of 335 patients was used for training and an independent dataset of 168 patients for evaluation for which an [ROC](#page-91-21) [AUC](#page-90-18) of 0.816 is reported in the benign vs. malignant classification task. Unfortunately, the authors did not provide a metric for lesion localization performance.

One disadvantage of the one stage approach by Herent et al. [\[71\]](#page-99-7) is that it does not exploit the three dimensional information encoded in [DCE-MRI.](#page-90-0) To take advantage of the latter, an approach solely based on a 3D [CNN](#page-90-9) architecture was developed by Witowski et al. [\[163\]](#page-109-6) who had access to a comparably large training dataset of 13.463 mixed-risk patients. The dataset was used to finetune a 3D ResNet18 which was pretrained on the Kinetics-400-dataset (cross domain transfer learning). The network uses a 4 dimensional input consisting of the pre contrast and post contrast MRI volumes. As a drawback the output of the model for lesion detection/localization is very coarse only (left or right). The model was evaluated on 3 external datasets: First, the Jagiellonian University (JU) dataset consisting of 394 patients. Second, a dataset consisting of 922 patients collected at the Duke University [\[129\]](#page-105-1) and third, the Cancer Genome Atlas Breast Invasive Carcinoma dataset which encompasses 139 patients. For evaluation the authors used an ensemble of the 20 best models along with test time augmentation which yielded an [ROC](#page-91-21) [AUC](#page-90-18) of 0.797, 0.977 and 0.966 and a Precision Recall [AUC](#page-90-18) of 0.596, 0.969 and 0.973 for the three evaluation datasets, respectively. Even tough the study did not explicitly investigate the performance on high risk patients, an analysis on [BI-RADS](#page-90-2) 4 cases was conducted, whereby decision curve analysis determined an operating point at which  $5.4\%$  of unnecessary biopsies could be avoided without missing any malignant lesions.

For a more precise localization, Meng et al. [\[106\]](#page-103-7) used the [Yolo](#page-92-0) architecture [\[124\]](#page-105-2). The authors compared different backbones of Yolo (version 5) for the detection and classification of benign and
malignant lesions. The authors used a dataset consisting of 154 malignant and 173 benign lesions and found that the small backbone (with the lowest number of parameters) achieved the best mean average precision (0.916).

In contrast to the previously mentioned supervised approaches, Sun et al. [\[140\]](#page-106-0) proposed a weakly supervised approach for simultaneous lesion localization and classification in [DCE-MRI.](#page-90-0) To this end, a shared backbone (ResNet50 or VGG19), which was trained only on image-level labels (normal/abnormal), was utilized. While the features extracted by the backbone are used by a series of fully connected layers for lesion classification, they are merged with the output of a region proposal network (Edge-Box [\[175\]](#page-111-0)) and feed through separate detection layers for lesion localization. Compared to the ResNet50 backbone a higher classification [\(ROC](#page-91-0) [AUC:](#page-90-1) 0.939 vs 0.882) and detection (average precision 0.857 vs 0.8219) performance was reported for the VGG19 backbone.

Most lesion detection approaches have the goal to identify suspicious lesions. However, the approach by Verburg et al. [\[152\]](#page-108-0) aimed to identify healthy breasts in order to reduce the workload of radiologists. To this end, the authors developed a [DL](#page-90-2) based approach especially designed for detecting lesions [\(BI-RADS](#page-90-3) 2-5) in women with dense breast tissue. As an input their models, which are based on the VGG-16 and VGG-19 architecture, use [MIP](#page-91-1) in sagittal, transversal and coronal direction from the left/right breast subtraction volume of the first post contrast time point. The predictions for the three directions are then averaged to yield one lesion probability per breast. In total 4581 examinations from 8 hospitals were used, whereby the dataset of 1 hospital was left out as a test set. The authors report that 39.7% of normal examination findings can be identified without missing any malignant examination (100% sensitivity) thereby potentially reducing the workload of radiologists.

A [CML](#page-90-4) based approach to lesion detection and classification was developed by Gubern-Mérida et al. [\[56\]](#page-98-0). After a probabilistic atlas based breast segmentation, voxel wise relative enhancement and blob features [\[96\]](#page-102-0) (which characterize the shape) are calculated. The features are then used by a random forest classifier to compute an abnormality map from which lesion candidates are determined. For classification the candidates are automatically segmented using smart opening [\[118\]](#page-104-0) so that morphological and kinetic features can be extracted for the input of a second classifier which is responsible for benign/malignant classification. They authors report a sensitivity of  $89\%$ at a false positive rate of 4 per case.

While all of the lesion detection approaches mentioned so far require samples of suspicious lesions for training, the approach by Burger [\[23\]](#page-94-0) is trained on healthy breast tissue only. To this end, an anomaly detection approach based on An[oGAN](#page-90-5) [\[133\]](#page-106-1) is used. The [GAN](#page-90-5) architecture consists of two components which are trained alternatingly, namely the Generator and the Discriminator. The aim of the Generator was to learn a latent space representation of healthy breast tissue from which image patches of healthy breast tissue can be generated. The Discriminator was trained to discern between real and generated image patches of breast tissue. The difference images of the subtraction images from two consecutive screening events with no suspicious outcome were used to train the [GAN.](#page-90-5) As a result, the Generator and Discriminator were trained to generate and recognize healthy changes in the breast tissue, respectively. For lesion detection the input patches are mapped to the latent space from which the Generator reconstructs patches that resemble the input patches the closest (i.e. a healthy version of the input patch). An anomaly score computed as the dissimilarity between the input and generated patches then serves as a predictor for suspicious changes. The approach yielded a sensitivity of 99.5% (92.7%) at a specificity of 84.1% (78.6%) and precision of 86.2% (81.4%) for detection at the same time point (prediction for future time point). While the results are promising, the significance of the evaluation is limited by the small sample size of the test set (5 healthy and 8 diseased patients).

# 2.5 Reflection on Current Literature

Both conventional and deep learning based machine learning approaches show great potential in aiding radiologists in the detection, diagnosis and treatment of breast cancer. For patients a reduction of unnecessary and burdensome biopsies can be highlighted as a major benefit. While there is clearly a trend towards the incorporation of [mpMRI,](#page-91-2) the most important imaging modality remains [DCE-MRI.](#page-90-0) This may be due to the fact that [DWI](#page-90-6) [MRI](#page-91-3) is in many cases not part of the standard (screening) protocols and thus data availability is limited. Therefore, the application of [mpMRI](#page-91-2) based methods is currently limited as well. Furthermore, there is a trend of more recent publications to more frequently use [DL](#page-90-2) compared to [CML](#page-90-4) based approaches. In general, many publications had access to relatively small patient cohorts only, which on the one hand impedes training models (e.g.: overfitting) and on the other hand makes it hard to tell how the model would generalize, i.e. perform on patient cohorts from other hospitals. Comparison of model performance between approaches of different publications is also not trivial due to differences in the patient cohorts (e.g.: high-risk, preoperative imaging, ...) and since there is no convention on the evaluation metric [\(ROC](#page-91-0) [AUC,](#page-90-1) Precision Recall [AUC,](#page-90-1) average sensitivity , . . . ). Additionally, most authors do not provide their source code or (private) datasets so that external evaluation/reproduction is impossible. The lack of access to broad patient imaging data also explains the "popularity" of cross domain transfer learning in many of the afore mentioned approaches, whereby the ImageNet dataset is most commonly used for pre-training. However, features that are relevant for the detection of every day objects (ImageNet) may not be ideal for the detection and classification of lesions. Therefore, this master's thesis explored the benefit of domain specific transfer learning for the detection and classification of lesions.

# 3 Materials and Methods

This chapter will first introduce the two patient cohorts used in this master's thesis. Second, the preprocessing steps used for preparing the [DCE-MRI](#page-90-0) data of the two cohorts for the subsequent [DL](#page-90-2) experiments is described. In the third subchapter, the experimental design for lesion detection using [ResNet](#page-91-4) and [Yolo](#page-92-0) is presented. The fourth subchapter elucidates the cross validation experiment for lesion classification. Finally, the evaluation metrics used for assessing the performance of lesion detection and classification are delineated.

# 3.1 Datasets

### 3.1.1 AKH Patient Cohort

The AKH patient cohort consists of 606 patients with a high risk for developing breast cancer and were recruited at the genetic counseling center of the university clinic for gynecology at the Vienna General Hospital [\(AKH Wien\)](#page-90-7). The patients were included in the study cohort if one of the following conditions applied and patient consent was given:

- 1. Previous case of breast cancer before the age 36
- 2. Previous ovarian cancer before the age of 41
- 3. Confirmed mutation in the genes BRCA-1 or BRCA-2
- 4. Family anamnesis: Cumulative risk of developing breast cancer before the age of 79 > 20%

The patients participated in regular [DCE-MRI](#page-90-0) (Section [1.2\)](#page-14-0) screenings, hereafter referred to as visits, at the AKH. Imaging data and meta-information, such as [BI-RADS](#page-90-3) scores (Section [1.3\)](#page-16-0) and histological data, from the years 2002 to 2019 were available. Every patient visit was examined by a trained radiologist who assigned a [BI-RADS](#page-90-3) score and requested a biopsy if a suspicious change in breast tissue was detected [\(BI-RADS](#page-90-3) 4 and 5). In the majority of visits ( $\approx 91\%$ ) no suspicious tissue changes were detected [\(BI-RADS](#page-90-3) 1, 2 and 3) as visible in the histogram of Figure [14.](#page-38-0) Suspicious lesions [\(BI-RADS](#page-90-3) 4) were detected in  $\approx 7.6\%$  and highly suspicious lesions (BI-RADS 5) in less than  $\approx 0.2\%$  of the visits. In  $\approx 1\%$  of the visits the imaging data was insufficient [\(BI-RADS](#page-90-3) 0).

<span id="page-38-0"></span>

Figure 14: Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-3) score distribution by modality in the AKH patient cohort: The number of suspicious cases (BI-RADS  $> 4$ ) is low compared to the number of (likely) benign findings  $(BI-RADS < 4)$ .

# 3 Modalities

Burger [\[23\]](#page-94-0) who also worked with the AKH patient cohort categorized the imaging data into 3 modalities based on the acquisition protocol and scanner type which changed over the years. [MRI](#page-91-3) images acquired before 2007 were assigned modality 1 and are characterized by a transversal resolution of 256x256 pixels. In the year 2007, with the advent of modality 2, the resolution increased to 384x384 pixels and in 2014 with modality 3 the resolution further improved to 512x512 pixels due to advances in MRI scanner technology. With the advent of modality 3, fat suppression was added to the imaging protocol. Even though fat suppression results in strong differences between native modality 2 and 3 images, these differences can be greatly reduced during the preprocessing steps (Section [3.2](#page-43-0) and Figure [18\)](#page-44-0).

<span id="page-39-0"></span>

Figure 15: Number of patient visits per year and modality: In 2014 the Magnetic Resonance Imaging [\(MRI\)](#page-91-3) scanner type and acquisition protocol changed which introduced a better resolution  $(384x384 \text{ vs } 512x512)$  and fat suppression.

# Data Selection

For this thesis, only [MRI](#page-91-3) images collected after 2007, corresponding to modalities 2 and 3, were included (Figure [15\)](#page-39-0). This cutoff was selected since the image quality and study protocols of the older modality 1 differed vastly from the newer imaging modalities 2 and 3. As a result, 620 visits / 15 patients that had only visits with modality 1 were excluded in the first step of the data selection workflow (depicted in Figure [16\)](#page-40-0). The goal of this master's thesis was the detection and classification (benign/malignant) of suspicious lesions which are defined as lesions with a [BI-RADS](#page-90-3) score of 4 or 5. Therefore and since histological information on malignancy is only available for visits with a [BI-RADS](#page-90-3)  $\geq$  4, all other visits were excluded. In the end, only visits with modality 2 or 3, a [BI-RADS](#page-90-3) score of 4 or 5 and available histological data were selected. This data selection process reduced the initial 3489 visits (606 patients) to a final dataset consisting of 144 visits (125 patients) which was used in this thesis.

#### Manual Lesion Segmentation

In order to train and evaluate our [DL](#page-90-2) models, it was necessary to first manually determine the position of the lesions in the [MRI](#page-91-3) volume. To this end, manual lesion segmentation was obtained for the final dataset (144 visits) with the help of two radiologists at the Vienna General Hospital. The segmentation process involved a pixel/voxel vise delineation of the lesion in the first post contrast [MRI](#page-91-3) volume using ITK-SNAP [\[168\]](#page-110-0).

<span id="page-40-0"></span>

Figure 16: Data selection flow chart for the AKH patient cohort: For all experiments of this thesis only Magnetic Resonance Imaging [\(MRI\)](#page-91-3) images with histology resolved lesions and available segmentation data were used resulting in a dataset of 125 patients

# Description of Final Dataset

For each of the 144 visits the following (meta)data was available:

- T1 weighted pre contrast images and at least 3 T1 weighted post contrast images
- Pixel/Voxel wise lesion annotation
- [BI-RADS](#page-90-3) score
- Histological information: benign/malignant

The dataset is unbalanced as the number of malignant cases is lower than the number of benign cases (33 vs. 111). However, they are equally distributed over the two modalities: 55 and 56 benign cases were counted with modality 2 and 3, respectively; for the malignant cases there were 13 and 20 cases, respectively. While 140 of the annotated cases are reported as [BI-RADS](#page-90-3) 4, only 4 cases are [BI-RADS](#page-90-3) 5 (Figure [17\)](#page-41-0). This observation is expected since high risk screening intends to find lesions at an early stage when malignancy may not be determined unambiguously by the radiologist from the imaging data.

<span id="page-41-0"></span>

Figure 17: Tree diagram of final AKH dataset: Number of malignant and benign cases (visits) with available lesion segmentation per modality and Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-3) score after data selection process (Figure [16\)](#page-40-0).

### 3.1.2 Duke Patient Cohort

As there was no lesion segmentation available for the AKH patient cohort at the start of the thesis and due to the small size of the filtered patient AKH cohort, a dataset published by the Duke University school of medicine was selected for domain specific transfer learning. The dataset, hereafter referred to as Duke dataset, was made available via the [TCIA](#page-91-5) [\[33\]](#page-95-0) which allows researchers to share and access anonymized collections of imaging data for various cancer types. In the original publication [\[129\]](#page-105-0) the Duke dataset was used in a radiomics based approach to discern molecular sub-types of breast cancer (described in Chapter [2\)](#page-30-0). It appeared ideal to facilitate the envisaged domain specific transfer learning approach as it contains not only similar [DCE-MRI](#page-90-0) imaging data but also rich meta-information:

- T1 [DCE-MRI](#page-90-0) data (with and without fat suppression) as well as T2 weighted MRI
- Bounding box coordinates for lesions
- Histological data: receptor status, tumor grading, ...
- Demographic data: menopause status, ethnicity, ...

The most prominent difference to the AKH dataset is that the Duke dataset is comprised only of patients with invasive breast cancer. Therefore, the lesions are detected at a later stage and as a result differ in size and morphology compared to the cases of the AKH cohort: The median lesion bounding box size in the Duke patient cohort ( $\approx 20$ ml) is between 20 and 30 times larger than the lesions of the AKH patient cohort ( $\approx 0.8$ ml) as shown in Table [4\)](#page-42-0). Moreover, a transversal image resolution of 320x320 and 448x448 (which is not found in the AKH patient cohort) is used in 32 and 239 of the cases, respectively. However, the majority of Duke cases feature a resolution of 512x512 which is equal to the resolution of modality 3 images of the AKH patient cohort.

<span id="page-42-0"></span>

		A KH	<b>DUKE</b>			
<b>Resolution xy [Pixel]</b>	384x384	512x512	320x320	448x448	512x512	
Resolution z [Pixel]	48-52	80-80	128-176	112-256	92-208	
Median Lesion Size [mm3]	881	800	25779	19945	13626	
Q5 Lesion Size [mm3]	175	195	1535	1413	1172	
Q95 Lesion Size [mm3]	8785	5067	713276	404037	271327	
	68	76	32	239	611	

Table 4: Comparison of [DCE-MRI](#page-90-0) resolution and lesion bounding box size (in  $mm<sup>3</sup>$ ) between the AKH and Duke patient cohort. Note:  $1000$   $mm^3 = 1$  ml

From the initial 922 patients of the Duke cohort, only patients with unilateral breast cancer and at least 3 post contrast [MRI](#page-91-3) scans were used, resulting in a final dataset of 882 patients which was used throughout this thesis.

### <span id="page-42-1"></span>3.1.3 Partitioning of Datasets

Both, the AKH patient cohort and the Duke patient cohort were split into a training, validation and test split in a 7:1:2 ratio, respectively, whereby it was assured that each patient is contained in only one split (e.g.: if a visit of a patient is assigned to the training split, another visit of the same patient must also be assigned to the training split and NOT to any of the other two splits). Additionally, a stratification based on imaging modality and malignancy was applied on the AKH patient cohort. The statistics of the dataset splits are shown in Table [5.](#page-43-1) The training split was used to optimize the model parameters during training, the validation split to select the optimal epoch for early stopping and the test split for evaluation of the models.

<span id="page-43-1"></span>

	Duke cohort			AKH cohort			
	Train	Val	Test	Train	Val	<b>Test</b>	
Median Lesion	14947	13416	17992	907	549	942	
Size [mm3]							
Benign	$\theta$	$\mathbf{0}$	$\theta$	75	13	23	
Malignant	618	88	176	22	$\overline{4}$		
Modality 2				46	8	14	
Modality 3				51	9	16	
Total	618	88	176	97	17	30	

Table 5: Partitioning of Duke and AKH cohort in training (train), validation (val) and test splits.

# <span id="page-43-0"></span>3.2 Data Pre-Processing

# 3.2.1 DCE Image Pre-Processing

All [DCE-MRI](#page-90-0) scans were preprocessed using the steps of the following pipeline which was developed for this thesis and is loosely based on preprocessing approach of Burger [\[23\]](#page-94-0):

- 1. Conversion of DICOM files to NIFTI: Python package: dicom2nifti (v.2.4.2)
- 2. Registration of the first 3 post contrast images to the pre contrast image using AffineFast transformation with default parameters: Python package antspyx (0.3.4) a wrapper for ANTs (Advanced Normalization Tools) [\[9\]](#page-93-0). The registration algorithm uses the affine transformations rotation, translation, shearing and rotation to fit the post contrast images on the pre contrast image with mutual information as the optimization metric. For more information please refer to Avants et al. [\[9\]](#page-93-0).
- 3. Calculation of subtraction images and export of images as NIFTI files: nibabel (4.0.1).

The subtraction images  $S_i$  were calculated by subtracting the **registered** pre contrast image  $I_0$ from the post contrast images  $I_i$  whereby i denotes the  $i<sup>th</sup>$  post contrast time point (Equation [11\)](#page-43-2). Negative pixel values were truncated (similar to Chen et al. [\[28\]](#page-95-1)), so that only the relevant enhancement signal remains.

<span id="page-43-2"></span>
$$
S_i = max(I_i - I_0, 0) \tag{11}
$$

As fat suppression was used with modality 3 but not with modality 2, one concern was whether they were comparable enough to train a model on both modalities. Even though the difference between the two modalities is pronounced in the pre and post contrast images, this difference is reduced to a large extend by the calculation of the subtraction images (Figure [18\)](#page-44-0). Therefore, it was decided to use data from both modalities in the experiments of this thesis.

### <span id="page-43-3"></span>3.2.2 Representation of Temporal DCE MRI Information

Since the temporal information obtained by [DCE-MRI](#page-90-0) is of great diagnostic value, this information should also be represented in the data for lesion detection and classification (see Section [1.2\)](#page-14-0). In literature a widely used approach is based on the [3TP](#page-90-8) method [\[39\]](#page-96-0) in which the (first) 3 post contrast time points are combined to a 3 channel image, whereby each time point is represented by a separate channel [\[28,](#page-95-1) [116,](#page-104-1) [7\]](#page-93-1). In this thesis, either the subtraction images corresponding to the first three post contrast time points are used (hereafter refereed to as [3TP\)](#page-90-8) or just the subtraction image of the first post contrast time point (hereafter referred to as 1TP). The construction of a three channel image from the first 3 subtraction images is visualized in Figure [19.](#page-44-1)

<span id="page-44-0"></span>

Figure 18: Dynamic Contrast Enhanced Magnetic Resonance Imaging sample: Pre contrast images are depicted in column  $I_0$ , the first post contrast images in column  $I_1$  and the corresponding difference images in column  $S_1$ . In the first row no fat suppression was used (modality 2) compared to the second row (modality 3) and the third row (sample from the Duke dataset) where fat suppression was used. The red bounding box highlights malignant lesions.

<span id="page-44-1"></span>

Figure 19: Incorporation of temporal [DCE-MRI](#page-90-0) information in a 3 channel image. The pre-contrast image  $I_0$  is subtracted from each of the first three registered post contrast images  $I_1$  to  $I_3$ , yielding subtraction images  $S_1$  to  $S_3$ . The subtraction images can then be combined to a 3 channel RGB image whereby each channel is occupied by one subtraction image:  $S_1 \rightarrow R$ ,  $S_2 \rightarrow G$ ,  $S_3 \rightarrow B$ 

# 3.2.3 Breast Masks

Masking/Segmentation can be used to obtain the [ROI](#page-91-6) in images by removing unnecessary background information. In breast [DCE-MRI](#page-90-0) the [ROI](#page-91-6) is the breast tissue and the background information corresponds to the remaining regions of the MRI (e.g.: thorax and air). In this thesis, three-dimensional breast masks were used to more efficiently train and evaluate models in lesion detection by restricting training and evaluation to regions containing breast tissue. Thus, it was necessary to create three-dimensional breast masks for every [DCE-MRI](#page-90-0) volume. In contrast to lesion segmentation, manual segmentation of breast tissue would have been impractical due to the high time exposure.

Various approaches for masking breast tissue exist: For example, Burger [\[23\]](#page-94-0) used a template based approach in which multiple breast [MRI](#page-91-3) templates are registered to the target breast [MRI.](#page-91-3) Then the registered [MRI](#page-91-3) template with the highest DICE score with the target breast [MRI](#page-91-3) is selected and the corresponding registration transformation applied on the template mask to yield the binary mask for the target breast. While this approach worked well on non-fat suppressed [MRI](#page-91-3) images it failed to achieve satisfactory results on fat suppressed MRI images according to Burger [\[23\]](#page-94-0). Another method was proposed by Wang et al. [\[156\]](#page-108-1) based on Hessian-based sheetness filters; however, this approach also requires non-fat suppressed [MRI](#page-91-3) images which were not available for many cases of the AKH and Duke cohort. Chen et al. [\[28\]](#page-95-1) used otsu thresholding [\[114\]](#page-104-2) and morphological filtering in their pre-processing pipeline as a mean for breast region extraction. The advantage of their approach is that it is not limited to non-fat suppressed MRI images. Unfortunately, the source code of their publication has not been made available.

### A Simple Otsu Based Breast Segmentation Algorithm

Since no suitable breast masking algorithm was available, a new algorithm loosely based on Chen et al. [\[28\]](#page-95-1) was developed for this thesis. The algorithm consists of the following steps and is visualized in Figure [20:](#page-46-0)

- 1. Determine the breast/air border for each slice in the pre contrast MRI volume:
	- (a) Create binary mask for slice using otsu threshold: Python package scikit-image (v.0.19.2)
	- (b) Apply binary dilation (refer to Gonzalez and Woods [\[53\]](#page-98-1) for more information on morphological operations) on the binary mask using a 7x7 matrix of ones as the structuring element: scipy (v.1.9.3)
	- (c) The breast/air border is described by the most ventral part of the binary mask
- 2. Determine the coarse thorax/breast border for each of the slices' binary mask:
	- (a) The center point between the breasts is determined by the intersection of the sagittal axis with the breast air/border.
	- (b) The origin of the thorax/breast border is obtained by moving 1/20 of slice width dorsally from center point: From this origin the thorax/breast border is drawn laterally in each direction as a straight line for 1/6 of the slice width. Then the thorax/breast border continues at slope of 1.5 laterodorsally until it intersects with the air breast boundary.
- 3. The breast mask is given by the area circumscribed by breast/air and thorax breast border. Additionally, a mask for the thorax is given as the area dorsal of the thorax/breast border.

<span id="page-46-0"></span>

Figure 20: Simple breast masking algorithm: In the first step otsu thresholding and binary dilation is used to obtain the breast/air border at the ventral side. Next, the center point between the breasts is determined by the intersection of the sagittal axis with the breast air/border. The origin of the thorax/breast border is obtained by moving 1/20 of slice width dorsally from center point: From this origin the thorax/breast border is drawn laterally in each direction as a straight line for 1/6 of the slice width. Then the thorax/breast border continues at slope of 1.5 laterodorsally until it intersects with the air breast boundary. The final breast mask is given by the area circumscribed by breast/air and thorax breast border. Additionally, a mask for the thorax can generated from the area dorsal of the thorax/breast border.

# Otsu Thresholding

The algorithm uses otsu thresholding [\[114\]](#page-104-2) at its core to separate breast tissue from background (air). Otsu's algorithm aims to minimize the intra-class variance  $\sigma_{\omega}^2$  of two non overlapping ranges of pixel intensities (=classes) in an intensity histogram of an image. Let  $p(i)$  be the probability of pixel intensity  $i \in \{0, 1, \ldots, L\}$ , whereby  $p(i)$  is given as the relative frequency of pixel intensity i in an image. Then the threshold  $t_{OTSU}$  separating the two classes while optimally minimizing the intra-class variance is defined as follows:

$$
t_{OTSU} = \underset{t}{\arg\min}(\sigma_{\omega}^2(t)) = \underset{t}{\arg\min}(\omega_0(t) * \sigma_0^2 + \omega_1(t) * \sigma_1^2)
$$
(12)

Whereby  $\sigma_0^2$  and  $\sigma_1^2$  are the class variances for class 0 and 1, respectively:

$$
\sigma_0^2(t) = \sum_{i=0}^{t-1} \frac{(i - \mu_0)^2}{\omega_0}, \sigma_1^2(t) = \sum_{i=t}^{L} \frac{(i - \mu_1)^2}{\omega_1} \tag{13}
$$

And  $\mu_0$  and  $\mu_1$  are the class mean for class 0 and 1, respectively:

$$
\mu_0(t) = \sum_{i=0}^{t-1} i * p(i), \ \mu_1(t) = \sum_{i=t}^{L} i * p(i)
$$
\n(14)

The class probabilities/weights  $\omega_0(t)$  and  $\omega_1(t)$  represent the relative size of the classes and are are defined as:

$$
\omega_0(t) = \sum_{i=0}^{t-1} p(i), \, \omega_1(t) = \sum_{i=t}^{L} p(i) \tag{15}
$$

<span id="page-47-0"></span>In practice  $t_{OTSU}$  is determined exhaustively by calculating the intra-class variance  $\sigma_{\omega}^2(t)$  for all  $t \in \{0, 1, \ldots, L\}$  (Figure [21\)](#page-47-0). To create a binary mask, pixel values below  $t_{OTSU}$  are set to 0 (=background), while all other pixel values are set to 1.



Figure 21: Visualization of otsu algorithm: The threshold  $t_{OTSU}$  marks the point of minimal intra-class variance  $\sigma_{\omega}^2$  of two non overlapping intensity ranges (classes).

### Breast Masking Results

The described otsu based breast segmentation approach worked equally well on fat saturated and non-fat saturated [MRI](#page-91-3) images as demonstrated in Figure [22.](#page-47-1) While, the breast/air border is well recognized, the thorax/breast border is only coarsely drawn. The latter constitutes the biggest drawback of the method as it does not produce an anatomically correct separation of breast and thorax tissue (e.g.: Musculus pectoralis). However, this segmentation approach was more than sufficient for the task of lesion detection where a perfect separation of breast tissue is not required.

<span id="page-47-1"></span>

Figure 22: Breast masking: Sample results for masking algorithm used in this thesis on non-fat suppressed (AKH-modality 2) and fat-suppressed (AKH-modality 3 and Duke) pre contrast [MRI.](#page-91-3)

# <span id="page-48-1"></span>3.3 Lesion Detection

In this thesis, we propose two different approaches to detect lesions in [DCE-MRI](#page-90-0) slices: While the first approach uses [ResNets](#page-91-4) in a sliding window fashion to detect suspicious patches of breast tissue, the second approach uses the [Yolo](#page-92-0) architecture to predict the bounding boxes of lesions (see Chapter [1](#page-10-0) for description of network architectures).

### <span id="page-48-2"></span>3.3.1 Lesion Localization with ResNets

The sliding window based lesion detection approach using [ResNets](#page-91-4) is depicted in Figure [23](#page-48-0) and consists of two phases:

- 1. Patch based training
	- (a) Pre-training of [ResNet](#page-91-4) models on training and validation split of Duke cohort
	- (b) Finetune [ResNet](#page-91-4) models on training and validation split of AKH cohort
- 2. Sliding window evaluation:
	- (a) Evaluation of finetuned [ResNet](#page-91-4) models on test split of AKH cohort
	- (b) (Evaluation of trained [ResNet](#page-91-4) models on test split of Duke cohort)

<span id="page-48-0"></span>

Figure 23: The conceptual design of the lesion detection approach using ResNets consists of two phases: In the first phase, Residual Networks (ResNet-18/ResNet-34) were pre-trained on the Duke patient cohort to classify randomly drawn patches from MRI images as either Thorax, Breast or Lesion. Then the same patch based approach was used to fine-tune the Duke pre-trained models on the AKH patient cohort. In the second phase, the fine tuned models were evaluated in a sliding window approach on the test split whereby the class probability for lesion was used as the predictor in lesion detection.

#### Patch Based Training

In the training phase the [ResNet](#page-91-4) models were trained/finetuned on a random subset of patches extracted from the slices of MRI volumes. The task of the models was to classify these crops as either Thorax, Breast or Lesion.

For each of the 3 classes 200 random patches were sampled for each patient resulting in a total of 600 patches per patient. As a result, the training, validation and test split contains 370800, 52800 and 105600 patches, respectively, for the Duke cohort and 58200, 10200 and 18000 patches, respectively, for the AKH cohort. In order to account for the different transversal resolution of the [MRI](#page-91-3) slices the **patch size** was set to  $1/8$  of the slice width, thereby ensuring similar proportions across the different imaging modalities. The center coordinates of the patches were sampled classwise from the joined breast/thorax and segmentation mask whereby it was assured that the breast and thorax patches do not contain any lesion. If a patch contained both breast and thorax tissue then the label with the biggest area in the mask was assigned to the patch as the ground truth.

### Sliding Window Evaluation

In the evaluation phase the models trained in the previous phase were employed to detect lesions in a sliding window fashion. Each slice of the [MRI](#page-91-3) volume was divided into overlapping windows which were then classified by the models.

Pytorch unfold was used with the following parameters to create overlapping windows/patches:

- Patch size:  $1/8$  of slice width
- Stride:  $1/2$  of patch size

Each slice was divided into  $15 \times 15$  overlapping patches whereby each region of the slice is covered by approximately 4 patches. An [MRI](#page-91-3) volume containing 128 slices would thus result in 28800 windows/predictions. The sliding window approach is visualized in Figure [23.](#page-48-0)

For each of the windows a lesion class probability is obtained as the output of the models and used as the predictor for lesion detection. Only windows within the breast mask were considered in the assessment of the model performance in lesion detection. In order to verify if a prediction is correct each window needs to be assigned a ground truth label for comparison. A window was assigned the ground truth label "Lesion" if the condition in Equation [16](#page-49-0) was fulfilled:

<span id="page-49-0"></span>
$$
I/S > 0.5 \vee I/L > 0.5 \tag{16}
$$

Whereby L is the area of the lesion annotation, S the area of the sliding window and I the area of the intersection between S and L.

Therefore, a sliding window was assigned the ground truth lesion if it either contains at least 50% of the entire lesion on a given slice or if the window is covered by at least 50% with the lesion annotation (Figure [24\)](#page-50-0). The threshold was chosen similar to the 50% [IoU](#page-91-7) threshold which is used as an evaluation measure in bounding box based lesion detection with Yolo (see Section [3.3.2\)](#page-51-0). ROC and precision recall curves were calculated in dependence of the lesion class probability associated with each sliding window (see Section [3.5\)](#page-54-0).



<span id="page-50-0"></span>Figure 24: Ground truth label of a sliding window: A window was assigned the ground truth label "Lesion" if it contains at least 50% of the entire lesion  $(I/L > 0.5)$  or if more than 50% of the window is covered by the lesion ( $I/S > 0.5$ ), whereby L is the area of the lesion annotation. S the area of the sliding window and I the area of the intersection between S and L.

# Visualization of Sliding Window Predictions

For each slice in a given [MRI](#page-91-3) volume an array with 15x15 lesion class probabilities is obtained after running the sliding window detection. By using second order spline interpolation (skimage transform.resize) this array can be interpolated to the original size of the slice, resulting in a heatmap representing the lesion probabilities for every pixel/voxel in the [MRI](#page-91-3) volume.

For further information on the [ResNet](#page-91-4) architecture and the experimental setup, please refer to Sections [1.4.1](#page-20-0) and [4.1,](#page-58-0) respectively.

#### <span id="page-50-1"></span>3.3.2 Lesion Localization with Yolo

Similar to the lesion detection with [ResNets](#page-91-4), the bounding box based lesion detection with [Yolo](#page-92-0) (Figure [25\)](#page-51-1) also consists of two phases:

- 1. Slice based training
	- (a) Pre-training of [Yolo](#page-92-0) models on training and validation split of Duke cohort
	- (b) Finetune of [Yolo](#page-92-0) models on training and validation split of AKH cohort
- 2. Whole MRI volume evaluation (on all slices in MRI volume):
	- (a) Evaluation finetuned [Yolo](#page-92-0) models on test split of AKH cohort
	- (b) (Evaluation trained [Yolo](#page-92-0) models on test split Duke cohort)

### Slice Based Training

Yolo<sup>[3](#page-0-0)</sup> (version 5) models with large medium and small backbone were trained/finetuned to predict the bounding box of lesions in a dataset of sampled slices from the training and validation split of the Duke/AKH cohort (a detailed description of experimental setup can be found in Section [4.2\)](#page-60-0): The sampled slices consist of all slices that contain an annotated lesion and randomly drawn background slices (corresponding to 2% of the slices in the volume) which contain no lesion. The addition of background slices that do not contain any objects is recommended by the authors of fifth Yolo version.

Each training sample consists of a 3 channel image containing the first three post contrast subtraction images and a file containing the relative bounding box coordinates (empty in background images) of the slice. The class associated with each bounding box was set to "0" for all bounding boxes since the target was to detect only one class, namely "suspicious lesion". Therefore, the last term of the

<sup>3</sup><https://github.com/ultralytics/yolov5>

[Yolo](#page-92-0) loss function (Equation [10,](#page-25-0) Section [1.4.2\)](#page-24-0) which contains the predicted class probabilities does not apply. The remaining four terms, including the difference between the predicted and ground truth (manual annotation) bounding box coordinates and confidences contribute to the training loss.

<span id="page-51-1"></span>

Figure 25: Conceptual design of the lesion detection approach using Yolo in two phases: In the first phase, You only look once [\(Yolo\)](#page-92-0) models were pre-trained on the Duke patient cohort to predict the bounding box of lesions from randomly sampled MRI slices. Then the same training approach was used to fine-tune the Duke pre-trained Yolo models on the AKH patient cohort. In the second phase, the fine-tuned models were evaluated on the test split of the AKH patient cohort by predicting bounding boxes for each slice of the MRI volume. A predicted bounding box P was considered a correct prediction if the Intersection over Union [\(IoU\)](#page-91-7) of P and the (manual) lesion annotation L was greater than 0.5

# <span id="page-51-0"></span>Whole MRI Volume Evaluation

In the evaluation phase the trained models were employed to detect lesions in the [MRI](#page-91-3) volumes of the test split by predicting bounding boxes for each of the slices. A [Yolo](#page-92-0) bounding box prediction consists of 6 entries:

- 1. The class of the predicted bounding box (in lesion detection only one class)
- 2. x-coordinate of bounding box center
- 3. y-coordinate of bounding box center
- 4. width of bounding box
- 5. height of bounding box
- 6. confidence of prediction

A predicted bounding box P was considered a correct lesion prediction if the [IoU](#page-91-7) of P and the (manual) lesion annotation L was greater than 0.5 (Figure [25\)](#page-51-1). ROC and precision recall curves were calculated in dependence of the confidences associated with each bounding box. For further information on the Yolo architecture, evaluation metrics and the experimental setup, please refer to Sections [1.4.2,](#page-24-0) [3.5](#page-54-0) and [4.2,](#page-60-0) respectively.

#### Visualization of bounding box predictions

The bounding box predictions for each slice were visualized as heatmaps: To this end, the area described by the bounding boxes was filled with a color corresponding to the confidence of the bounding box prediction. By creating such a heatmap for every slice of the MRI volume, a three dimensional heatmap representing the predicted pixel/voxel wise lesion probabilities is obtained. Since similar heatmaps can be generated from the [ResNet](#page-91-4) sliding window predictions, they were also used to compare the lesion detection performance of the [Yolo](#page-92-0) and [ResNet](#page-91-4) models.

# 3.4 Lesion Classification

The second objective of this thesis was the automatic classification of suspicious lesions as benign or malignant, in order to avoid unnecessary and burdensome biopsies. To this end, [ResNet](#page-91-4) models were trained to classify [MRI](#page-91-3) patches containing suspicious lesions as either benign or malignant. Since the dataset of annotated and biopsy confirmed lesions in the AKH dataset is small and suffers from class imbalance, a transfer learning cross validation approach was chosen. Figure [26](#page-52-0) shows the conceptual design of the approach: To start with, only [BI-RADS](#page-90-3) 4 patients were included, as [BI-RADS](#page-90-3) 5 patients are by definition highly suggestive of malignancy  $(p > 0.95)$  and may distort the performance validity in the light of the low number of malignant samples. The [BI-RADS](#page-90-3) 4 patients were divided into a combined train/val split and a test split. In a transfer learning approach weights from the previously trained [ResNet](#page-91-4) models for lesion detection on the Duke dataset were used to initialize the models in the K fold cross validation where they were finetuned on the train/val split.

<span id="page-52-0"></span>

Figure 26: Conceptual design of the cross validation lesion classification approach: A dataset consisting of Breast Imaging Reporting and Data System [\(BI-RADS\)](#page-90-3) 4 patients was divided into two splits: The train/val split is used in the K-fold cross validation to train K Residual Network [\(ResNet\)](#page-91-4) models to classify suspicious lesions as either malignant or benign. The [ResNet](#page-91-4) models were initialized with the weights obtained from lesion detection on the Duke dataset and finetuned. Each model is calibrated on its fold validation (val) split using temperature scaling. Subsequently, the calibrated models are evaluated on the test split: On every instance of the test dataset the predictions of all the K models are merged and used to create an ensemble prediction.

For each of the K folds, the model weights of the epoch with the best balanced validation accuracy were saved and calibrated on the validation split using temperature scaling. Subsequently, the calibrated models were evaluated on the test split, whereby the predictions of the K models were merged to one ensemble prediction. In the following the process of model calibration and generation of ensemble predictions are elucidated in more detail.

### 3.4.1 Model Calibration

When deep neural networks are trained on small datasets the predicted class probabilities may not correspond to the true class probabilities resulting in overconfident predictions [\[5,](#page-93-2) [57\]](#page-98-2). This is especially problematic if the predictions of multiple models are merged to ensemble predictions, as the predictions of some overconfident models can lead to bad performance of the model ensemble. Model calibration can be use to adust the predicted class probabilities of each model in the ensemble according to their confidence [\[105\]](#page-103-0).

To calibrate our K models, we employed temperature scaling (a variant of Platt scaling [\[119\]](#page-104-3)), which uses the temperature parameter  $\tau$  for the adjustment of the class probabilities [\[57\]](#page-98-2). Inaccurate/overconfident models are adjusted with a higher temperature to lower the confidence of their predictions (by "moving" the predicted class probabilities towards 0.5) and vice versa. For each of the K fold models, the optimal temperature  $\tau_{opt}[k]$  with  $k \in K$  (Equation [17,](#page-53-0) adapted from [\[57\]](#page-98-2)) was determined after training in a separate step using the fold's validation split (with  $N_k$  samples) and by minimizing the Negative Log Likelihood Loss [\(NLLL,](#page-91-8) Equation [18\)](#page-53-1) [\[66\]](#page-99-0) given the true one-hot encoded labels  $y_0, y_1 \ldots y_{N_k}$  and the temperature softmax  $\sigma_{TSM}$  (Equation [19](#page-53-2)) of the logits  $z_0, z_1 \ldots z_{N_k}$ :

<span id="page-53-0"></span>
$$
\tau_{opt}[k] = \underset{\tau}{\arg\min} \sum_{i=1}^{N_k} NLLL \left(\sigma_{TSM}(z_i, \tau), y_i\right) \tag{17}
$$

<span id="page-53-1"></span>
$$
NLLL(p, y) = -\sum_{j \in C} y[j] \ln(p[j]) \tag{18}
$$

<span id="page-53-2"></span>
$$
p = \sigma_{TSM}(z,\tau) = \frac{e^{z/\tau}}{\sum_{j \in C} e^{z[j]/\tau}}
$$
(19)

whereby the vector  $z_i$  is the model output for the i<sup>th</sup> input image  $X_i$  of the validation split and holds the logits for the classes malignant and benign  $(z_i[j]$  with  $j \in C$  with  $C = \{m, b\}$ ). The temperature softmax transforms the logits  $z_i$  to a vector containing the predicted class probabilities  $p_i$  for input image  $X_i$  so that:  $\sum_{j \in C} p_i[j] = 1$ . In the [NLLL,](#page-91-8) ln corresponds to the natural logarithm.

At evaluation time the temperature softmax with optimal  $\tau_{opt}[k]$  is applied on the logits z of model k to obtain the malignant class probability  $P_k(y = m|X)$  for a given image X of the test set:

$$
P_k(y = m|X) = \frac{e^{z[m]/\tau_{opt}[k]}}{\sum_{j \in C} e^{z[j]/\tau_{opt}[k]}}
$$
(20)

### 3.4.2 Ensemble Prediction

Two methods were used to obtain an ensemble prediction for the malignant class probability given an input image X and the K calibrated models :

1. Ensemble max method  $(E_{max})$  uses the highest malignant class probability of the K models as the predictor:

$$
P_{E_{max}}(y=m|X) = \max_{k \in \{1, ..., K\}} P_k(y=m|X)
$$
\n(21)

2. Ensemble mean method  $(E_{mean})$  uses the mean malignant class probability of the K models as the predictor:

$$
P_{E_{mean}}(y = m|X) = \frac{1}{K} \sum_{k=1}^{K} P_k(y = m|X)
$$
\n(22)

# <span id="page-54-0"></span>3.5 Evaluation Metrics

In this subchapter, the metrics used in the evaluation of the models for lesion detection and classification are elucidated. The concept of the confusion matrix as well as the terms sensitivity, specificity and precision are described. Finally, the Receiver Operating Characteristic and Precision Recall curve, which are used in this thesis to compare the performance of the models and to calculate the number of biopsies that could be avoided, are explained.

### Confusion Matrix

<span id="page-54-1"></span>Both lesion detection and classification are treated as a binary classification task with the labels "malignant" and "benign". The confusion matrix (Table [6\)](#page-54-1) is central in the evaluation of binary classification and describes the relationship between the predicted labels  $\hat{y}$  of a model and the ground truth labels y (e.g.: "Positive" and "Negative").



Table 6: The confusion matrix establishes a relationship between predicted labels and ground truth labels "Positive" and "Negative"

In lesion classification we assign malignant lesions the "Positive" label and benign lesions the "Negative" label. A match between predicted and ground truth label is either a True Positive (TP:  $\hat{y} = y =$ "Positive") if the true and predicted label is "Positive" (correct hit) or a True Negative (TN:  $\hat{y}$ =y="Negative") if the true and predicted label is "Negative" (correct rejection). A False Positive (FP:  $\hat{y} \neq y \wedge y$ ="Negative") arises if the ground truth label is "Negative" but the predicted label is "Positive". This case is also referred to as a Type I error . Conversely, a Type II error or False Negative (FN:  $\hat{y} \neq y \land y=$ "Positive") occurs if the ground truth label is "Positive" but the predicted label is "Negative".

TP, FN, FP and TN are actually not static numbers but can be described as a function of a threshold parameter  $t \in \mathbb{R}$ . For instance, if the model outputs a probability for the "Positive" label  $P(y = Positive)$  the predicted binary label  $\hat{y}$  can be calculated in dependence of the threshold parameter  $t$  as follows:

$$
\hat{y}(t) = \begin{cases}\nNegative, & \text{if } P(y = Positive) \le t \\
Postive, & \text{otherwise}\n\end{cases}
$$
\n(23)

# Sensitivity, Specificity and Precision

Based on the entries in the confusion matrix the metrics sensitivity, specificity and precision can be defined in dependence of t:

1. Sensitivity is also referred to as recall or True Positive Rate [\(TPR\)](#page-92-1) and describes the fraction of correctly predicted "Positive" labels of all ground truth "Positive" labels:

$$
sensitivity(t) = recall(t) = TPR(t) = \frac{TP(t)}{TP(t) + FN(t)}
$$
\n(24)

2. Specificity, also called True Negative Rate [\(TNR\)](#page-92-2), describes the fraction of correctly predicted "Negative" labels from all of the ground truth "Negative" labels. From the TNR the False Positive Rate [\(FPR\)](#page-90-9) can easily calculated:

$$
specificity(t) = TNR(t) = 1 - FPR(t) = \frac{TN(t)}{TN(t) + FP(t)}
$$
\n
$$
(25)
$$

3. Precision describes the fraction of correctly predicted "Positive" labels from all predicted "Positive" labels:

$$
precision(t) = \frac{TP(t)}{TP(t) + FP(t)}
$$
\n(26)

In the case of lesion classification, ideally a model should have 100% sensitivity (identify all of malignant cases), 100% specificity (identify all of the benign cases) and 100% precision (every malignant prediction really is a malignant case) at the same time.

#### Receiver Operating Characteristic Curve

Every point [x,y] of the Receiver Operating Characteristic [\(ROC\)](#page-91-0) curve (Figure [27a](#page-56-0)) describes the relationship of [TPR](#page-92-1) and [FPR](#page-90-9) in the dependence of the threshold parameter  $t$ :

$$
ROC(t) = [1 - specificity(t), sensitivity(t)] = [FPR(t), TPR(t)] \tag{27}
$$

Therefore, the [ROC](#page-91-0) curve can be used to determine the model's [FPR](#page-90-9) at a given specificity and vice versa. In lesion classification one constellation is of particular interest, since each malignant prediction would require a biopsy: To avoid unnecessary biopsies while at the same time detecting all malignant lesions, the threshold  $t_{100\%SEN}$  at 100% sensitivity and the corresponding  $specificity(t_{100\%SEM})$  need to be determined.  $specificity(t_{100\%SEM})$  describes the fraction benign lesions that can be identified without missing any malignant lesion.

# Precision Recall Curve

Every point [x,y] of the Precision Recall [\(PreRec\)](#page-91-9) curve describes the relationship of sensitivity

 $(=recall)$  and precision in the dependence of the threshold parameter t (Figure [27b](#page-56-0)):

$$
PreRec(t) = [sensitivity(t), precision(t)] \tag{28}
$$

Therefore, the [PreRec](#page-91-9) curve can be used to determine the precision at a given sensitivity and vice versa. Precision is especially important when the number of "Positive" ground truth labels is small compared to the number of "Negative" ground truth labels, as the [FPR](#page-90-9) may be misleadingly low in such cases and therefore, the performance may be overestimated from the [ROC](#page-91-0) curve alone.

To reduce the workload of radiologists in lesion classification the threshold  $t_{100\% precision}$  and the corresponding recall recall(100%precision) at 100% precision can be calculated to help pre-filtering true malignant lesion. recall(100%precision) describes the fraction of malignant lesions that could be identified without any false positive prediction. A downside of this threshold is that only lesions predicted as malignant can be removed from the workload of the radiologists as lesions predicted to be benign may actually be malignant (false negative) and would need to be checked manually.

### Area Under the Curve

To summarize the [ROC](#page-91-0) and [PreRec](#page-91-9) curves in one number, the Area Under the Curve [\(AUC\)](#page-90-1) is commonly used. Since sensitivity, specificity and precision range from 0 to 1, the [AUC](#page-90-1) for the [ROC](#page-91-0) and [PreRec](#page-91-9) curve also ranges from 0 to 1, whereby higher [AUC](#page-90-1) values correspond to better model performance.

<span id="page-56-0"></span>

Figure 27: Visualization of (a) a sample Receiver Operating Characteristic [\(ROC\)](#page-91-0) curve and (b) a Precision Recall [\(PreRec\)](#page-91-9) curve parametrized by the threshold parameter t. The Area Under the Curve [\(AUC\)](#page-90-1) is highlighted in light grey.

# 4 Lesion Detection

In this chapter two approaches for lesion detection (using the [ResNet](#page-91-4) and [Yolo](#page-92-0) architecture) are compared: First, the experimental setup is described. Subsequently, the results are presented and discussed in context with recent literature. For a description of the methodological aspects refer to Section [3.3.](#page-48-1)

# <span id="page-58-0"></span>4.1 Experimental Setup - ResNet

### <span id="page-58-1"></span>4.1.1 Patch Based Pre-Training on Duke Cohort

# Dataset

The dataset splits of the Duke cohort described in Section [3.1.3](#page-42-1) and Table [5](#page-43-1) were used in the following.

## Training parameters

Both resnet18 and resnet34 architectures (python package: torchvision (v.0.9.1)) were trained with the parameters specified in Table [7](#page-59-0) yielding in total 24 distinct training setups: The models were either trained from scratch by setting the parameter pretrained=false in the model constructor - which uses the initialization strategy of He et al. [\[68\]](#page-99-1) (RD1-RD8 and RD13-RD20). In the other cases the models were fine-tuned after initialization with ImageNet<sup>[4](#page-0-0)</sup> pre-trained weights by setting the parameter pretrained=true in the model constructor which loads the weights of ResNet18 Weights.ImageNet1K V1 and ResNet34 Weights.ImageNet1K V1 from the the PyTorch model zoo [\[120\]](#page-104-4), respectively (RD9-RD12 and RD21-RD24). In the fine tuning setup the layers 7, 8 and 9 (description of layers in Section [1.4.1\)](#page-20-0) were finetuned while all other layers remained frozen. Additionally, the training data was normalized by the mean and standard deviation of the ImageNet dataset. When the model was trained from scratch either normalization by the training data mean and standard deviation or using no normalization were evaluated. Each channel  $c_i$  of the input images was normalized separately by subtracting the channel mean  $\mu_i$  and dividing by the channel standard deviation  $\sigma_i$  of the reference dataset to yield the normalized output channels  $o_i$ :

$$
o_i = \frac{c_i - \mu_i}{\sigma_i} \tag{29}
$$

with  $i \in \{1, 2, 3\}$  referring to the i<sup>th</sup> image channel. Furthermore, the models were either trained to differentiate between two classes (lesion and healthy breast tissue) or three classes (lesion, healthy breast tissue and thorax). The models were either trained on 3 channel crops containing information from the first three post contrast time points (3TP) or just the first post contrast time point (1TP) - for further information see see Section [3.2.2](#page-43-3)

The following parameters were the same for all setups:

- Batch Size: 128
- Learning rate:  $1 \cdot 10^{-3}$

<sup>4</sup><https://www.image-net.org/>

- Loss Function: Cross Entropy Loss
- Weight Decay: 0
- Optimizer: Adam
- torchvision augmentation:
	- Resize: 224
	- Random Vertical Flip:  $p = 0.5$
	- Random Horizontal Flip:  $p = 0.5$
	- Random Affine Transformation: rotation: -30 to 30 degrees, scaling: 0.9 to 1.1

The models with the best accuracy on the validation split were saved and used in the subsequent sliding window evaluation on the test split of Duke dataset and to be finetuned on the AKH cohort. In the sliding window evaluation the performance of the different models was compared using [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) as metrics and significance analysis conducted using two-sided Mann-Whitney test to assess the impact of the training parameters.

<span id="page-59-0"></span>

Table 7: Training and model parameters for Residual Network [\(ResNet\)](#page-91-4) based lesion detection training on the Duke dataset. The IDs of the "Finetuned layers" column refers to Table [3](#page-21-0) and describe which layers were adjusted during training while the other layers remained frozen. Not applicable (NA) if no pre-training was used.

### <span id="page-60-3"></span>4.1.2 Patch Based Fine Tuning on AKH Cohort

The best performing ResNet-18 and ResNet34 model based on sliding window [PreRec](#page-91-9) [AUC](#page-90-1) from Table [7](#page-59-0) (RD8 and RD20) were selected for domain specific transfer learning: Their weights were used to initialize the models RA1-RA4 and RA7-RA10 which were subsequently fine tuned with the parameters described in Table [8](#page-60-1) on the training split of the AKH cohort (Section [3.1.3](#page-42-1) and Table [5\)](#page-43-1). During training either the last three (RA1,RA2,RA7,RA8) or all layers were finetuned (RA3,RA4,RA9,RA10). The training data was used either with or without normalization by the mean and standard deviation of the Duke dataset. We also trained models from scratch (RA5, RA6, RA11, RA12). All other training parameters were the same as in the patch based pre-training on the Duke cohort in Section [4.1.1.](#page-58-1)

The model weights of the epoch with the best accuracy on the AKH validation split were saved and used in the subsequent sliding window evaluation on the test split of the AKH dataset.

<span id="page-60-1"></span>

Table 8: Training and model parameters for Residual Network [\(ResNet\)](#page-91-4) based lesion detection training on the AKH dataset. The IDs starting with "Duke-" in the column "Pretrained" refer to Table [7.](#page-59-0) The IDs of the "Finetuned layers" column refers to Table [3](#page-21-0) and describe which layers were adjusted during training while the other layers remained frozen. Not applicable (NA) if no pretraining was used.

# <span id="page-60-0"></span>4.2 Experimental Setup - Yolo

### <span id="page-60-2"></span>4.2.1 Slice Based Training on Duke Cohort

Yolov<sup>[5](#page-0-0)5</sup> was used with 3 different backbones (small, medium and large) and was either trained from scratch (YD4,YD5,YD[6](#page-0-0)) or initialized with  $COCO<sup>6</sup>$  pre-trained weights and fine tuned, whereby either no (YD1,YD2,YD3) or the first 10 layers remained frozen (YD7,YD8,YD9). The parameters of these 9 training setups are described in Table [9.](#page-61-0)

The following model hyperparameters were the same for all setups (hyp file: hyp.scratch-low.yaml from the yolov[5](#page-60-2) GitHub repository  $5$ ):

• Learning rate: 0.01

<sup>5</sup><https://github.com/ultralytics/yolov5>  $6$ <https://cocodataset.org/>

- Weight decay: 0.0005
- [IoU](#page-91-7) threshold: 0.2
- Anchor multiple threshold: 4.0
- Image augmentation:
	- translation: 0.1
	- $-$  scale:  $0.5$
	- fliplr: 0.5
	- mosaic: 1.0

In all setups the models were trained for 100 epochs, whereby early stopping was used to abort training if the model performance does not improve for 30 consecutive epochs (parameter: patience). The model weights of the epoch with the best accuracy on the validation split were saved and used in the subsequent whole MRI evaluation on the test split of Duke dataset and to be finetuned on the AKH cohort.

<span id="page-61-0"></span>

Table 9: Training and model parameters for You only look once [\(Yolo\)](#page-92-0) based lesion detection on the Duke dataset. The "Finetuned layers" column indicates which layers were finetuned if pre-training was used: Either all layers (all) or the layers after the  $10^{th}$  layer (10+). Not applicable (NA) if no pre-training was used. The early stopping parameter "Patience" indicates after how many epochs training aborts if the model performance does not improve.

### <span id="page-61-1"></span>4.2.2 Slice Based Training on AKH Cohort

The weights from the best performing [Yolo](#page-92-0) model (YD6) based on [PreRec](#page-91-9) [AUC](#page-90-1) in evaluation on the Duke cohort (see Section [4.2.1\)](#page-60-2) was used to initialize and fine tune the models YA10 and YA11 with the parameters described in Table [10.](#page-62-0) We also trained models with different backbones (small, medium, large) from scratch (YA4,YA5,YA6) and COCO[7](#page-0-0) pre-trained models (YA1,YA2,YA3 and YA7,YA8,YA9), whereby either no layer or the first ten layers remained frozen during finetuning. All other training parameters were the same as in the sample slice based training on the Duke cohort (Section [4.2.1\)](#page-60-2). The model weights of the epoch with the best accuracy on the validation split were saved and used in the subsequent whole MRI evaluation on the test split.

<sup>7</sup><https://cocodataset.org/>

<span id="page-62-0"></span>

Table 10: Training and model parameters for You only look once [\(Yolo\)](#page-92-0) based lesion detection on the AKH dataset. The IDs starting with "Duke-" in the column "Pretrained" refer to Table [9.](#page-61-0) The "Finetuned layers" column indicates which layers were fintuned if pretraining was used: Either all layers (all) or the layers after the  $10<sup>th</sup>$  layer (10+). Not applicable (NA) if no pretraining was used. The early stopping parameter "Patience" indicates after how many epochs training aborts if the models performance does not improve.

# 4.3 Evaluation

Both the [ResNet](#page-91-4) and [Yolo](#page-92-0) models were evaluated on the test split of the Duke and AKH cohort. To this end, the results were evaluated on a prediction wise and pixel wise level, yielding in total 5 evaluation metrics:

- 1. Prediction Wise:
	- (a) [ROC](#page-91-0) [AUC](#page-90-1)
	- (b) [PreRec](#page-91-9) [AUC](#page-90-1)
	- (c) [FROC-](#page-90-10)[CPM:](#page-90-11) Mean Sensitivity  $(=\text{TPR})$  [\[111\]](#page-103-1)
- 2. Pixel Wise:
	- (a) [ROC](#page-91-0) [AUC](#page-90-1)
	- (b) [PreRec](#page-91-9) [AUC](#page-90-1)

The prediction wise evaluation compares the predicted labels with the ground truth labels as described in Sections [3.3.1](#page-48-2) and [3.3.2.](#page-51-0) For evaluation of the ResNet sliding window approach this means that the prediction for each window is compared to the ground truth label of this window and for the evaluation of the Yolo approach the bounding box predictions of each slice are compared to the ground truth bounding box annotation of the slice. Since these evaluation metrics are not ideal for the direct comparison between the ResNet and Yolo models due to differing number of predictions per slice (15x15 vs. approx. 1), we additionally calculated three more metrics:

The Free Response Operating Characteristic-Competition Performance Metric [\(FROC-](#page-90-10)[CPM\)](#page-90-11) sen-sitivity [\[111\]](#page-103-1) was also used by Dalmış et al. [\[37\]](#page-96-1) in the evaluation of their lesion detection approach. The metric describes the mean sensitivity at 7 false positive rates:  $1/8$ ,  $1/4$ ,  $1/2$ ,  $1$ ,  $2$ ,  $4$  and 8 false positive predictions per [MRI](#page-91-3) scan (patient). The advantage of this metric is that it gives an intuitive understanding about the percentage of lesions that are detected and the number false positive predictions to expect if the model was used for lesion detection on a single patient. Since the number false positive predictions is calculated per patient it can be also used to better compare models with another.

Moreover, we determined the [ROC](#page-91-0) [AUC](#page-90-1) and [PreRec](#page-91-9) [AUC](#page-90-1) on a pixel wise level. Therefore, we compared the heatmaps derived from the ResNet and Yolo predictions (Section [3.3.1](#page-48-2) and [3.3.2\)](#page-50-1) to the ground truth pixel wise lesion annotation: In the pixel wise evaluation the sensitivity  $(=recall)$ gives the fraction of suspicious pixel that are (correctly) detected from all suspicious pixels. The false positive rate gives the fraction of non-suspicious pixels that are (incorrectly) detected from all nonsuspicious pixels, and the precision gives the fraction of suspicious pixels that are (correctly) detected from all the pixels that were detected as suspicious. As a result, the pixel wise evaluation metric is independent from the initial number of predictions and therefore more suitable for comparison the [ResNet](#page-91-4) and [Yolo](#page-92-0) lesion detection approach compared to the prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC.](#page-90-1)

# 4.4 Results

In this subchapter the evaluation performance of the [ResNet](#page-91-4) and [Yolo](#page-92-0) models in lesion detection on the test splits of the Duke and AKH cohort are shown.

### 4.4.1 Duke Cohort

# ResNet

In the sliding window evaluation the best ResNet-34 (RD8) model had a slightly higher [ROC](#page-91-0) [AUC](#page-90-1) and [PreRec](#page-91-9) [AUC](#page-90-1) compared to the best ResNet-18 model in the prediction wise evaluation: 0.961 and 0.504 vs. 0.953 and 0.498 (Table [11\)](#page-65-0). Models RD8 and RD20 had the same training parameters: No pre-training, no normalization, training on 3 classes and 3 time point patches.

Cross domain transfer learning did not result in better performance compared to using no transfer learning for the [ResNet](#page-91-4) models. This is reflected in the higher prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) of the best non-pretrained ResNet model (RD20: 0.50 and 0.96) compared to the best ImageNet pre-trained ResNet model (RD24, 0.47 and 0.95). Both RD20 and RD24 are ResNet34 models and were trained on three classes (Thorax, Breast, Lesion) and three time-point patches.

The statistical analysis of the impact of the training parameters (Figure [28\)](#page-64-0) revealed that the prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) of models trained with 3 time points was significantly higher than of models trained with one time point only  $(p = 0.0122$  and  $p = 0.00271$ , respectively). Models that were pre-trained on the ImageNet dataset showed a significantly lower [ROC](#page-91-0) [AUC](#page-90-1) ( $p = 0.00331$ ) but a non significant difference in [PreRec](#page-91-9) [AUC](#page-90-1) compared to non pre-trained models. No significant difference in performance was found between ResNet-18 and ResNet-34 models and between models that were trained on 2 and 3 classes of patches.

## Yolo

The use of the large backbone yielded the best detection performance, as [Yolo](#page-92-0) model Y6 had the highest prediction wise ROC and [PreRec](#page-91-9) [AUC](#page-90-1) (0.899 and 0.770) of all [Yolo](#page-92-0) models in the whole volume evaluation (Table [11\)](#page-65-0). The best small and medium backbone models were models YD1 and YD8, respectively (prediction wise [ROC](#page-91-0) [AUC:](#page-90-1) 0.891 vs 0.887 and [PreRec](#page-91-9) [AUC:](#page-90-1) 0.758 vs. 0.713).

<span id="page-64-0"></span>

Figure 28: Evaluation on Duke cohort - Impact of ResNet training configuration: The boxplots show the impact of  $(A)$  the number of [DCE](#page-90-12) post contrast time points  $(1 \text{ vs. } 3)$ ,  $(B)$ pretraining (none vs. ImageNet),  $(C)$  the network architecture (ResNet 18 vs. ResNet 34) and  $(D)$ the number of classes in the training set (2: breast and lesion vs. 3: breast, lesion and thorax) on the prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) curve [AUC](#page-90-1) during sliding window evaluation on the test split. For significance analysis two-sided Mann-Whitney test was used: ns:  $p > 0.05$ , \*:  $0.01 < p < 0.05$ , \*\*:  $0.001 < p \leq 0.01$ 

In line with the lesion detection with ResNets, cross domain transfer learning did not improve the performance of the [Yolo](#page-92-0) models compared to non-pretrained models: The best non-pretrained Yolo model (YD6) resulted in a higher prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) compared to the best COCO pre-trained Yolo model (YD1): 0.899 and 0.770 vs. 0.891 and 0.758).

### ResNet vs. Yolo

Lesion detection with [Yolo](#page-92-0) resulted in a higher sensitivity at the lower false positive range (between 1/8 and 8 false positive predictions per MRI volume) and a higher precision than the [ResNet](#page-91-4) approach. This is reflected in the higher [FROC](#page-90-10)[-CPM](#page-90-11) average sensitivity and pixel wise [PreRec](#page-91-9) [AUC](#page-90-1) of the best Yolo model (YD6) and of the best [ResNet](#page-91-4) model (YD20): 0.469 vs. 0.081 and 0.733 vs. 0.454, respectively (Table [11\)](#page-65-0). However, the best [ResNet](#page-91-4) model had a higher pixel wise [ROC](#page-91-0) [AUC](#page-90-1) than the best Yolo model (0.965 vs. 0.869) indicating a higher overall/pixel wise sensitivity of the ResNet based sliding window approach. The qualitative analysis of the prediction results (Figure [29\)](#page-66-0) revealed that [ResNet](#page-91-4) model RD20 (reference for [ResNet](#page-91-4) sliding window based detection) assigns a high lesion probability not only to the ground truth lesion itself but also the tissue surrounding the lesion. In contrast, the prediction of Yolo model YD6 (reference for [Yolo](#page-92-0) bounding box based lesion detection) is more constrained to the lesion as evident in Duke Sample 2. Additionally, in Duke Sample 1 a region of healthy breast tissue was assigned a high lesion probability by the ResNet model but not by the [Yolo](#page-92-0) model which is in line with the qualitative results (i.e. higher precision of the Yolo model).

<span id="page-65-0"></span>

Table 11: Lesion detection results on Duke cohort: 5 metrics were used to describe the performance of the Residual Network [\(ResNet\)](#page-91-4) and You only look once [\(Yolo\)](#page-92-0) models (delineated in Sections [4.1.1](#page-58-1) and [4.2.1,](#page-60-2) respectively) on the test split of the Duke cohort: We used the Receiver Operating Characteristic [\(ROC\)](#page-91-0) and Precision Recall [\(PreRec\)](#page-91-9) Area Under the Curve [\(AUC\)](#page-90-1) for both prediction wise and pixel wise evaluation. Additionally, we calculated the Free Response Operating Characteristic-Competition Performance Metric [\(FROC-](#page-90-10)[CPM\)](#page-90-11) mean True Positive Rate [\(TPR\)](#page-92-1) [\[111\]](#page-103-1). In the prediction wise evaluation the performance is calculated from the sliding window (patch-wise) predictions of the ResNet approach and from slice-wise predictions of the Yolo approach (whole volume evaluation). The prediction wise AUC metrics are not ideal for direct comparison between the ResNet and Yolo models due to differing number of predictions per slice (15x15 vs. approx. 1). Therefore, the FROC-CPM mean TPR, which describes the average sensitivity at 1/8, 1/4, 1/2, 1, 2, 4 and 8 false positive predictions per MRI scan (patient) and the pixel wise ROC and PreRec AUC are more suitable. In the pixel wise evaluation the heatmaps derived from the ResNet and Yolo predictions are compared to the ground truth pixel wise lesion annotation. The metric is thus independent from the (initial) number of predictions and the models more comparable. The color map highlights low values in blue and high values in orange. The maximum of each column is marked in bold.

<span id="page-66-0"></span>

Figure 29: Visualization of lesion detection with best [ResNet](#page-91-4) and [Yolo](#page-92-0) models: Each columns shows two sample [DCE-MRI](#page-90-0) slices (subtraction image of first post contrast timepoint) for the Duke and AKH cohort, respectively. The "Ground Truth" column shows the manual lesion annotation as a red overlay. The "ResNet" column visualizes the sliding window predictions of the ResNet models RD20 and RA10 for the samples of the Duke and AKH cohort, respectively: In sliding window evaluation each MRI slice is divided into 15x15 overlapping windows and for each of the windows a lesion class probability is obtained as the output of the ResNet. By interpolation of the 15x15 predictions to the original slice size a lesion probability can be calculated for each position in the slice/MRI volume and depicted as a heatmap overlay. The "Yolo" column visualizes the bounding box predictions of the Yolo models YD6 and YA1 for the samples of the Duke and AKH cohort, respectively. Each bounding box prediction is associated with a confidence (ranging from 0 to 1) corresponding to the lesion probability which is depicted here as a heatmap overlay. Legend "Predicted Lesion Probability": In the heatmaps, regions marked in dark red are predicted to have a high probability for lesion and blue regions conversely a low probability.

# 4.4.2 AKH Cohort

# ResNet

Similar to the lesion detection on the Duke cohort, the best ResNet-34 model (RA10) had a higher prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) than the the best ResNet-18 model (RA4) in sliding window evaluation on the AKH cohort: 0.961 vs. 0.957 and 0.224 vs. 0.187 (Table [12\)](#page-68-0). Both models (ID RA4 and RA10) were initialized with Duke ResNet-18/ResNet-34 model weights, whereby no layer was frozen during training and no data normalization was applied.

Domain specific transfer learning improved the detection performance compared to models that were trained from scratch as reflected by the higher prediction wise [ROC,](#page-91-0) prediction wise [PreRec](#page-91-9) [AUC](#page-90-1) and [FROC-](#page-90-10)[CPM](#page-90-11) average sensitivity of the best Duke pre-trained ResNet model (RA10) and best non-pretrained ResNet model (RA6): 0.961, 0.224 and 0.114 vs 0.929, 0.151 and 0.082 (Figure [30\)](#page-69-0). Model RA6 is a ResNet18 model that was trained from scratch on unnormalized training data.

# Yolo

In contrast to the [ResNet](#page-91-4) based approach, domain specific transfer learning did not yield the model with the best lesion detection performance. The COCO pre-trained model YA1 (cross domain transfer learning) achieved the highest prediction wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) of all Yolo models and thus performed better then the best Duke pre-trained model YA11 (domain specific transfer learning): 0.845, 0.426 and 0.369 vs. 0.828, 0.308 and 0.291 (Table [12](#page-68-0) and Figure [30\)](#page-69-0). While model YA1 uses the small backbone and was finetuned over all layers, model YA11 uses the large backbone and was finetuned with the first 10 layers frozen. When just the Yolo models with the large backbone (YA,YA6,YA10,YA11) are compared domain specific transfer learning only improved the detection performance in terms of prediction wise [ROC](#page-91-0) [AUC.](#page-90-1)

### Yolo vs. ResNet

Similarly to the results on the Duke Cohort, about 3 times less lesions can be expected to be detected with the [ResNet](#page-91-4) based approach compared to the [Yolo](#page-92-0) based approach if only between 1/8 and 8 false positive predictions per patient are desired: [FROC](#page-90-10) [CPM](#page-90-11) - average sensitivity of best [ResNet](#page-91-4) model RA10: 0.114 vs. best [Yolo](#page-92-0) model YA1: 0.3649 (Table [12](#page-68-0) and Figure [30\)](#page-69-0). Moreover, an overall higher precision but lower overall/pixel wise sensitivity can be expected from the best [Yolo](#page-92-0) model compared to the best [ResNet](#page-91-4) model as reflected by the pixel wise [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) (0.987 and 0.132 vs. 0.863 and 0.273).

The higher sensitivity but lower precision of the best [ResNet](#page-91-4) model compared to the best [Yolo](#page-92-0) model is also evident in the qualitative analysis of the results in Figure [29:](#page-66-0) In sample 2 of the AKH cohort two non suspicious regions with increased enhancement are predicted in addition to the true lesion by the [ResNet](#page-91-4) sliding window approach with a high lesion probability. In contrast the [Yolo](#page-92-0) based bounding box prediction recognized one of the non suspicious regions with a low lesions probability and the other region not at all. Moreover, it can be observed that also healthy breast tissue surrounding the lesion is assigned a high lesion probability by the best [ResNet](#page-91-4) model but not by the best [Yolo](#page-92-0) model. However, in sample 1 of the AKH cohort the [ResNet](#page-91-4) prediction is more confined to the actual lesion. The bounding box predictions of the best [Yolo](#page-92-0) model almost perfectly matches the lesion annotation in both samples.

<span id="page-68-0"></span>

Table 12: Lesion detection results on AKH cohort: 5 metrics were used to describe the performance of the Residual Network [\(ResNet\)](#page-91-4) and You only look once [\(Yolo\)](#page-92-0) models (delineated in Sections [4.1.2](#page-60-3) and [4.2.2,](#page-61-1) respectively) on the test split of the AKH cohort: We used the Receiver Operating Characteristic [\(ROC\)](#page-91-0) and Precision Recall [\(PreRec\)](#page-91-9) Area Under the Curve [\(AUC\)](#page-90-1) for both prediction wise and pixel wise evaluation. Additionally, we calculated the Free Response Operating Characteristic-Competition Performance Metric [\(FROC-](#page-90-10)[CPM\)](#page-90-11) mean True Positive Rate [\(TPR\)](#page-92-1) [\[111\]](#page-103-1). In the prediction wise evaluation the performance is calculated from the sliding window (patch-wise) predictions of the ResNet approach and from slice-wise predictions of the Yolo approach (whole volume evaluation). The prediction wise AUC metrics are not ideal for direct comparison between the ResNet and Yolo models due to differing number of predictions per slice (15x15 vs. approx. 1). Therefore, the FROC-CPM mean TPR, which describes the average sensitivity at 1/8, 1/4, 1/2, 1, 2, 4 and 8 false positive predictions per MRI scan (patient) and the pixel wise ROC and PreRec AUC are more suitable. In the pixel wise evaluation the heatmaps derived from the ResNet and Yolo predictions are compared to the ground truth pixel wise lesion annotation. The metric is thus independent from the (initial) number of predictions and the models more comparable. The color map highlights low values in blue and high values in orange. The maximum of each column is marked in bold.

<span id="page-69-0"></span>

Figure 30: Lesion detection performance of best [ResNet](#page-91-4) and [Yolo](#page-92-0) models on AKH cohort: The Free Response Operating Characteristic [\(FROC\)](#page-90-10) curves of the best performing Residual Network [\(ResNet\)](#page-91-4) and You only look once [\(Yolo\)](#page-92-0) models trained with domain specif transfer learning (ID RA10 and YA11, respectively) and without domain specif transfer learning (ID: RA6 and YA1, respectively) are shown for the evaluation on the AKH test split. The [FROC-](#page-90-10)Competition Performance Metric [\(CPM\)](#page-90-11) mean True Positive Rate [\(TPR\)](#page-92-1) [\[111\]](#page-103-1) describes the average sensitivity at  $1/8$ ,  $1/4$ ,  $1/2$ , 1, 2, 4 and 8 false positive predictions per MRI scan (patient). The training parameters of the models are described in Tables [8](#page-60-1) and [10.](#page-62-0)

### 4.5 Discussion

### Lesion Detection on Duke Cohort

Lesion detection performance with [ResNet](#page-91-4) and [Yolo](#page-92-0) was better on the Duke patient cohort than the AKH cohort. These results are expected since the median lesion size of the Duke cohort is more than 10 times larger than the median lesion size of the AKH cohort and thus the lesions of the Duke cohort are easier to detect. Moreover, the precision-recall metric is more sensitive for imbalanced datasets [\[130\]](#page-105-1). The latter explains the lower [PreRec](#page-91-9) [AUC](#page-90-1) values, since the AKH dataset is more imbalanced than the Duke dataset due to the lower number of lesion voxels. Additionally, more training data was available for the Duke patient cohort.

The results on the Duke cohort demonstrated that the use of the first three post contrast time points increases the prediction performance significantly compared to using just the first post contrast time point. Apparently, the temporal information about the lesion vascularization (see Section [1.2\)](#page-14-0) which is encoded in the first three post contrast time points is picked up as a valuable cue by the models. This observation is in line with literature where the [3TP](#page-90-8) method [\[39\]](#page-96-0) is used in the diagnosis of breast cancer [\[55\]](#page-98-3). The use of even more time points may further improve detection performance as indicated by Zheng et al. [\[174\]](#page-110-1).

#### Lesion Detection on AKH Cohort

The use of Duke model weights as pre-training on the AKH patient cohort improved lesion detection with ResNets in terms of [ROC](#page-91-0) and [PreRec](#page-91-9) [AUC](#page-90-1) thereby demonstrating the benefit of domain specific transfer learning. For Yolo based lesion detection Duke pre-training improved only the [ROC](#page-91-0) [AUC](#page-90-1) of the model with the large backbone but not the [PreRec](#page-91-9) [AUC.](#page-90-1) In the case of the ResNet models, the best performing model was pre-trained on Duke model weights. However, in the case of the [Yolo](#page-92-0) models the best model was pre-trained on the COCO dataset and used the small backbone. We suspect that the large backbone of the [Yolo](#page-92-0) model is harder to fine tune than the Yolo model with the small backbone due to increased number of model parameters. The findings are in line with Meng et al. [\[106\]](#page-103-2) who also found that the small backbone of Yolo performed best at lesion detection and classification. The [Yolo](#page-92-0) model with the small backone may have performed even better if it was pretrained with Duke weights - However, we only tested Duke pre-training for the large backbone since the Yolo model with the large backbone performed (in contradiction to Meng et al. [\[106\]](#page-103-2)) best on the Duke dataset - This is at least expected, since the Duke pre-trained large backbone Yolo model and the Duke pre-trained ResNet18 and ResNet34 models performed better than their COCO and ImageNet pre-trained counterpart. Therefore, the results show (when comparing models with the same architecture/backbone) that domain specific transfer learning improved detection performance more compared to cross domain transfer learning.

# Comparison of ResNet and Yolo Based Lesion Detection on AKH Cohort

On the AKH patient cohort the pixel wise [ROC](#page-91-0) [AUC](#page-90-1) of every [ResNet](#page-91-4) model was higher than the pixel wise [ROC](#page-91-0) [AUC](#page-90-1) of each Yolo model. Conversely, the pixel wise [PreRec](#page-91-9) [AUC](#page-90-1) of every [Yolo](#page-92-0) model was higher than the pixel wise [PreRec](#page-91-9) [AUC](#page-90-1) of each ResNet model. Therefore, the heatmaps calculated from the ResNet predictions appear to offer an overall higher sensitivity (over the whole [FPR](#page-90-9) range) for lesion detection but are at the same time associated with a lower precision compared to the heatmaps derived form the Yolo predictions. This finding is also reflected in the visualization of the predictions (Figure [29\)](#page-66-0) where enhancement signals in healthy breast tissue are more often recognized as suspicious by the [ResNet](#page-91-4) than the [Yolo](#page-92-0) approach.

The lower precision of the [ResNet](#page-91-4) sliding window approach may also be explained by its training procedure since the training samples/patches of suspicious breast tissue contain up to 50% of healthy breast tissue. One the one hand, this could help the model learn to detect lesions in the context of normal breast tissue. On the other hand, it could be misleading during training so that also healthy tissue is recognized as suspicious. In this regard training of the Yolo models may have worked better since one training unit contains the whole slice and therefore the models are less likely to be trained on healthy tissue labeled as malignant. Moreover, the [Yolo](#page-92-0) training data shows the malignant tissue in the context of healthy tissue of the whole breast as opposed to the [ResNet](#page-91-4) training data which only shows a small patch of breast tissue. In the subsequent training of the [ResNet](#page-91-4) models on the AKH cohort only a small number of distinct lesion patches were available for training due to the small size of the lesions, which likely contributed to both model architectures poorer performance. A lower average sensitivity [\(FROC-](#page-90-10)[CPM\)](#page-90-11) at the low false positive rate range of 1/8 to 8 false positives per MRI volume was observed in the [ResNet](#page-91-4) based sliding window approach compared to the [Yolo](#page-92-0) based bounding box prediction. At first sight this result is counterintuitive due to the higher pixel wise ROC AUC of the ResNet based approach. However since the [FROC-](#page-90-10)[CPM](#page-90-11) is calculated prediction wise and not pixel wise this finding can be explained by the different lesion detection procedure: For [ResNet](#page-91-4) based lesion detection a sliding window approach is used to detect lesions in an [MRI](#page-91-3) volume. As explained in Section [3.3](#page-48-1) each slice is divided into 15x15 overlapping windows resulting in approximately 225 predictions per slice and 14.625 predictions per [MRI](#page-91-3) volume (average: 65 slices/volume). If we further estimate that only 20% of the [MRI](#page-91-3) volume is covered by breast tissue (delimited by breast mask) the actual number of predictions per MRI volume that have to be considered is 2.925. Due to the small lesion size in the AKH patient cohort only less than 10 out of 2.925 windows are expected to actually contain a lesion. Therefore, even a low [FPR](#page-90-9) per patch can still result in a high number of false positive predictions per MRI volume/patient. In contrast [Yolo](#page-92-0) was trained to detect a maximum of one lesion per slice which in addition to non maximum suppression leads to a low number of bounding box predictions per MRI volume. Therefore, a lower [FPR](#page-90-9) per MRI volume and consequently a higher sensitivity compared to the ResNet approach in the low [FPR](#page-90-9) range is expected. One way to improve [FROC-](#page-90-10)[CPM](#page-90-11) metric for the [ResNet](#page-91-4) approach would thus be to merge neighboring predictions.

### Visualization of Predictions

The visualization of the [ResNet](#page-91-4) and [Yolo](#page-92-0) predictions as heat map overlays (Figure [29\)](#page-66-0) revealed a good correspondence with the actual lesion annotation. However, especially for the ResNet predictions also regions surrounding the lesion are highlighted with a higher lesion probability in the shown cases which reflects the low precision of the sliding window lesion detection approach. However, Kim et al. [\[86\]](#page-101-0) and Fan et al. [\[44\]](#page-97-0) demonstrated the importance of tissue characteristics surrounding lesions in the classification of lesions. Therefore, this observation in the heatmaps may be linked to malignant changes (e.g.: vascularization). The bounding box predictions of [Yolo](#page-92-0) better match the actual annotated lesions with less area surrounding the lesion covered. Still, the [Yolo](#page-92-0) models may also take features surrounding the lesions into account for making the bounding box prediction as each prediction is made in the context of the entire slice by design.
#### Comparison to Other Methods in Literature

Compared to the recently published 3D [ResNet](#page-91-0) approach by Witowski et al. [\[163\]](#page-109-0) the best [ResNet](#page-91-0) and [Yolo](#page-92-0) models achieved a higher (prediction wise) [ROC](#page-91-1) [AUC](#page-90-0) (3D [ResNet:](#page-91-0) 0.797, our [ResNet:](#page-91-0) 0.961, our [Yolo:](#page-92-0) 0.845) but lower [PreRec](#page-91-2) [AUC](#page-90-0) (3D [ResNet:](#page-91-0) 0.596, our [ResNet](#page-91-0) 0.224, our [Yolo:](#page-92-0) 0.426). However, the test set (Jagiellonian University), which was used by Witowski et al. [\[163\]](#page-109-0), is not an explicit high-risk patient cohort. Additionally, our proposed Yolo and ResNet based lesion detection approaches allow (at least theoretically) a more fine grained localization of lesions compared to the authors' 3D-ResNet approach which only outputs the lesion probabilities for the left and right breast. In contrast, the U-net CNN hybrid approach by Dalmış et al.  $[37]$  was tested on a high risk patient cohort where an average sensitivity of 0.64 at false positive rates between 1/8 and 8 per scan was reported. Using the same [FROC-](#page-90-1)[CPM](#page-90-2) metric an average sensitivity of 0.114 and 0.369 was determined for the best [ResNet](#page-91-0) and [Yolo](#page-92-0) model, respectively. Provided that our high risk patient is comparable to the cohort of Dalmış et al. [\[37\]](#page-96-0), this indicates that our best ResNet and Yolo approach would detect less lesions in the same false positive range compared to the authors' U-net based approach (11% and 37% vs. 64%).

While the detection performance of [ResNet](#page-91-0) and [Yolo](#page-92-0) (low precision/sensitivity) alone would be unsatisfactory in clinical application for high risk patient screening, a combination of both approaches, for instance by merging the prediction heat maps, may improve detection performance. Moreover, adding a second benign/malignant classification network as a second step after detection with [Yolo](#page-92-0)[/ResNet](#page-91-0) (similar to the two stage detector of Zhang et al. [\[173\]](#page-110-0)) may help to further reduce the number of false positive predictions.

# 5 Lesion Classification

Following the task of lesion detection the second objective of this thesis was the reduction of unnecessary biopsies by aiding the classification of suspicious lesions. In the following chapter the cross validation experiment for [ResNet](#page-91-0) based lesion classification using domain specific transfer learning is described: The chapter is structured similarly to the previous chapter, starting with a description of the experimental setup, followed by a presentation of the results and a discussion including the recent literature. For a description of the methodological aspects refer to Section [3.4.](#page-52-0)

#### 5.1 Experimental Setup

#### Dataset

The dataset splits of the AKH cohort described in Figure [17](#page-41-0) and Table [5](#page-43-0) were used in the following experiments, whereby [BI-RADS](#page-90-3) 5 cases were excluded and the training and validation split merged for the 5-fold cross validation. Apart from the removed [BI-RADS](#page-90-3) 5 cases, the test split was left unchanged for evaluation (see Section [3.4\)](#page-52-0).

#### Cross Validation Setups

In total 14 cross validation setups (7 for ResNet-18 and 7 for ResNet-34, respectively) with the training parameters specified in Table [13](#page-75-0) were used. In 8 setups, domain specific transfer learning was applied to initialize the models with the weights from the [ResNet](#page-91-0) models trained in Section [4.1.1](#page-58-0) for lesion detection on the Duke patient cohort: RD2 and RD6 (pre-trained on 2 classes), RD4 and RD8 (pre-trained on 3 classes). In 2 setups, the models were initialized with ImageNet weights as the baseline for cross domain transfer learning. In the transfer learning approaches the last 3 layers were finetuned while the remaining layers remained frozen (see Section [1.4.1\)](#page-20-0). In the remaining 4 setups the models were trained from scratch (He et al. [\[68\]](#page-99-0) initialization method) as the baseline without transfer learning. In all setups the models were trained on 3 channel crops of lesions containing the first 3 time points [\(3TP\)](#page-90-4) as described in Section [3.2.2](#page-43-1) (similar to the approach of Gravina et al. [\[55\]](#page-98-0)). When transfer learning was used the training data was either normalized by mean and standard deviation of the training data of the source domain or not normalized. When no transfer learning was used, the training data was either normalized by the mean and standard deviation of the training data or not normalized (normalization approach described in Equation [29\)](#page-58-1). The following parameters were the same for all setups:

- 1. Number of cross validation fold:  $K=5$
- 2. Number of epochs per fold: 100
- 3. Number of replicas (with different seeding) per setup: 100

#### Model Calibration

For each fold in the cross validation the model of the epoch with the best balanced accuracy on the validation split was saved. Subsequently, the optimal parameter  $\tau_{opt}$  for calibration of the model with temperature scaling was determined on the fold's validation split (described in Section [3.4.1\)](#page-53-0).

#### Evaluation

The performance was then assessed on the separate test split, whereby the predictions of the K models were either merged to an ensemble prediction (Ensemble Mean or Ensemble Max, described in Section [3.4.2](#page-54-0) ) or evaluated individually (single model). Since the ensemble predictions were evaluated for calibrated and uncalibrated models, 5 distinct prediction methods were used for which the [PreRec](#page-91-2) and [ROC](#page-91-1) [AUC](#page-90-0) were calculated:

- 1. Ensemble Max
- 2. Calibrated Ensemble Max
- 3. Ensemble Mean
- 4. Calibrated Ensemble Mean
- 5. Single Model

[PreRec](#page-91-2) [AUC](#page-90-0) and [ROC](#page-91-1) [AUC](#page-90-0) (see Section [3.5\)](#page-54-1) were calculated for all replicas of the cross validation setups using the 5 methods mentioned above. To assess whether a significant difference between the baseline (no transfer learning) and other cross validation setups (cross domain and domain specific transfer learning) exists, the two-sided Mann-Whitney test was used.

<span id="page-75-0"></span>

Table 13: Model training parameters of cross validation setups for lesion classification on the AKH patient cohort: In total 14 (7 per [ResNet](#page-91-0) architecture: RN18 and RN34) setups were used, whereby 8 setups use domain specific transfer learning using Duke pretrained models  $(\Delta u \& =)$ , 4 setups use cross domain transfer learning using ImageNet pretrained models ( ImageNet ) and the remaining 2 setups represent the baseline without any transfer learning (\_scratch\_). When transfer learning was applied, layers 7,8 and 9 were finetuned ( ft789 ) and the training data was either normalized by the mean and standard deviation of the source domain (\_normDuke\_ and \_normImageNet ) or not normalized ( normNone ). When no transfer learning was used the training data was either normalized by the training dataset mean and standard deviation or not normalized (\_norm-None and normDataset , respectively). The IDs starting with "Duke-" in the column "Pretrained" refer to the models in Table [7.](#page-59-0) The Duke pretrained models were either pretrained on 2 or 3 classes and in all cases on 3 post contrast time points ( CL2 TP3 and CL3 TP3).

#### 5.2 Results

#### Impact of Model Ensembles and Calibration

Table [14](#page-78-0) and [15](#page-79-0) show the median [ROC](#page-91-1) and [PreRec](#page-91-2) [AUC](#page-90-0) for the models of each setup calculated for the 5 prediction methods (ensemble max, calibrated ensemble max, ensemble mean, calibrated ensemble mean and single model) separately. The boxplots of Figure [31A](#page-77-0) and [31B](#page-77-0) compare the impact of the 5 prediction methods on the [ROC](#page-91-1) [AUC](#page-90-0) and [PreRec](#page-91-2) [AUC](#page-90-0) , respectively, whereby the [ROC](#page-91-1) [AUC](#page-90-0) and [PreRec](#page-91-2) [AUC](#page-90-0) of all models and setups were merged method-wise. Both the [ROC](#page-91-1) and [PreRec](#page-91-2) [AUC](#page-90-0) was significantly higher in all ensemble prediction methods compared to the single model prediction method ( $p < 0.0001$ ). No significant differences in [ROC](#page-91-1) and [PreRec](#page-91-2) [AUC](#page-90-0) could be detected between calibrated and uncalibrated ensemble predictions and mean and max ensemble predictions  $(p > 0.05)$ . For easier comparison the calibrated ensemble max method will be used in the following to assess the performance of the models from the different setups.

#### Impact of Transfer Learning

Best median [ROC](#page-91-1) [AUC](#page-90-0) achieved by models trained using:

- 1. Domain specific transfer learning: 0.713 (Setup: RN34 duke ft789 normDuke CL2 TP3)
- 2. Cross domain transfer learning: 0.581 (Setup: RN18 ImageNet ft789)
- 3. No transfer learning learning: 0.653 (Setup: RN34 scratch normNone)

Best median [PreRec](#page-91-2) [AUC](#page-90-0) achieved by models trained using:

- 1. Domain specific transfer learning: 0.615 (Setup: RN18 duke ft789 normDuke CL2 TP3)
- 2. Cross domain transfer learning: 0.391 (Setup: RN18 ImageNet ft789)
- 3. No transfer learning learning: 0.374 (Setup: RN34 scratch normNone)

The Duke pretrained ResNet-18 models of setup RN18 duke ft789 normDuke CL2 TP3 achieved the highest median [PreRec](#page-91-2) [AUC](#page-90-0) (0.615) which was significantly higher ( $p < 0.0001$ ) than the median [PreRec](#page-91-2) [AUC](#page-90-0) of the corresponding ImageNet and non pre-trained ResNet18 models (0.581 and 0.649, Figure [32A](#page-80-0)). The highest median [ROC](#page-91-1) [AUC](#page-90-0) (0.713) was achieved by the Duke pre-trained ResNet-34 models setup of setup RN34 duke ft789 normDuke CL2 TP3 which was also significantly higher  $(p < 0.0001)$  than the median [ROC](#page-91-1) [AUC](#page-90-0) of the corresponding ImageNet and non pre-trained models (0.546 and 0.653, Figure [32B](#page-80-0)).

Therefore, domain specific transfer learning achieved the highest [ROC](#page-91-1) and [PreRec](#page-91-2) [AUC,](#page-90-0) whereby in both setups the Duke model that was used as the basis for transfer learning was originally trained on 2 classes (Breast and Lesion) for lesion detection and the input data was normalized by the mean and standard deviation of the Duke dataset. Notably, the models of the setup with the highest [ROC](#page-91-1) [AUC](#page-90-0) also have the second highest [PreRec](#page-91-2) [AUC](#page-90-0) and vice versa.

The [ROC](#page-91-1) and [PreRec](#page-91-2) curves along with their confidence intervals are shown in Figure [33](#page-81-0) for the models of the setups RN18\_duke\_ft789\_normDuke\_CL2\_TP3, RN18\_ImageNet\_ft789\_normImageNet and RN18 duke ft789 normDuke CL2 TP3 as representative for domain specific transfer learning, cross domain transfer learning and without transfer learning, respectively. The width of the confidence intervals does not appear to be affected by the use of transfer learning. However, a clear improvement of the PrecRec curve and a slight improvement of the [ROC](#page-91-1) [AUC](#page-90-0) is visible for the models that received domain specific transfer learning compared to the models that received no or cross domain transfer learning.

#### Qualitative Visualization of Classified Lesions

Figures [34,](#page-82-0) [35](#page-83-0) and [36](#page-84-0) show lesions with the highest and lowest predicted malignancy probability for ground truth malignant and benign lesions which are hence counted as True Positive, False Positive, False Negative and True Negative predictions, respectively. The classifications of the models using domain specific transfer learning (Figure [34\)](#page-82-0) appear to be more consisted compared to the classifications of the models using cross domain transfer learning (Figure [35\)](#page-83-0) and no transfer learning (Figure [36\)](#page-84-0). For instance with domain specific transfer learning all patches with the highest predicted malignancy probability come from the same (ground truth malignant) lesion, whereas two (ground truth malignant) patches of the same lesion received once the highest and once the lowest malignancy probability by the models that were not trained with transfer learning.

<span id="page-77-0"></span>

Figure 31: Differences in overall model performance depending on evaluation method: The boxplots show the (A) Receiver Operating Characteristic [\(ROC\)](#page-91-1) Area Under the Curve [\(AUC\)](#page-90-0) and (B) Precision Recall [\(PreRec\)](#page-91-2) [AUC](#page-90-0) of all cross validation models and setups combined (evaluated on the test split of the AKH patient cohort) for the 5 evaluation methods (ensemble max, calibrated ensemble max, ensemble mean, calibrated ensemble mean and single model.) Mann-Whitney-Test: ns:  $p > 0.05$ , \*:  $0.01 < p \le 0.05$ , \*\*:  $0.001 < p \le 0.01$ , \*\*\*:  $0.0001 < p \le 0.001$ , \*\*\*\*:  $p \leq 0.0001$ 

<span id="page-78-0"></span>

#### Table 14: Median [PreRec](#page-91-2) [AUC](#page-90-0) of lesion classification in 5-fold cross validation:

The Precision Recall [\(PreRec\)](#page-91-2) Area Under the Curve [\(AUC\)](#page-90-0) was determined on the test split of the AKH patient cohort using 5 distinct methods: Either for the predictions of each of the fold models individually (Single Model) or by merging the predictions of all (calibrated) fold models to ensemble predictions (Ensemble Max (cal.) and Ensemble Mean (cal.)). Each cross validation experiment was replicated 100 times and the median [PreRec](#page-91-2) [AUC](#page-90-0) for each of the 5 methods calculated. The maximum value in each column is marked in bold. The color bar highlights higher AUCs in green and lower AUCs in red. The Cross Validation ID refers to the setups in Table [13.](#page-75-0)

<span id="page-79-0"></span>

#### Table 15: Median [ROC](#page-91-1) [AUC](#page-90-0) of lesion classification in 5-fold cross validation:

The Receiver Operating Characteristic [\(ROC\)](#page-91-1) Area Under the Curve [\(AUC\)](#page-90-0) was determined on the test split of the AKH patient cohort using 5 distinct methods: Either for the predictions of each of the fold models individually (Single Model) or by merging the predictions of all (calibrated) fold models to ensemble predictions (Ensemble Max (cal.) and Ensemble Mean (cal.)). Each cross validation experiment was replicated 100 times and the median [ROC](#page-91-1) [AUC](#page-90-0) for each of the 5 methods calculated. The maximum value in each column is marked in bold. The color bar highlights higher AUCs in green and lower AUCs in red. The Cross Validation ID refers to the setups in Table [13.](#page-75-0)

<span id="page-80-0"></span>

Figure 32: Lesion classification cross validation results : The boxplots show the Precision Recall [\(PreRec\)](#page-91-2) and Receiver Operating Characteristic [\(ROC\)](#page-91-1) Area Under the Curve [\(AUC\)](#page-90-0) calculated on test split of the AKH patient cohort from calibrated ensemble mean, calibrated ensemble max and single model predictions of the models/replicas of the  $(A)$  ResNet-18 and  $(B)$  ResNet-34 cross validation setups (described in Table [13\)](#page-75-0). Mann-Whitney-Test: ns:  $p > 0.05$ , \*:  $0.01 < p \le 0.05$ , \*\*:  $0.001 < p \le 0.01$ , \*\*\*:  $0.0001 < p \le 0.001$ , \*\*\*\*:  $p \le 0.0001$ 

<span id="page-81-0"></span>

Figure 33: Performance of model ensembles with and without domain specific transfer learning This figure shows the Receiver Operating Characteristic [\(ROC\)](#page-91-1) and Precision Recall curves (calculated from the calibrated ensemble max predictions on the test split of the AKH cohort) for the models of the following cross validation setups in Table [13:](#page-75-0) Without transfer learning (ID: RN18\_scratch\_normNone), with cross domain transfer learning (ID: RN18\_ImageNet\_ft789\_normImageNet ) and with domain specific transfer learning (ID RN18 duke ft789 normDuke CL2 TP3). The 95% Confidence Interval (blue) and 50% confidence interval (green) were calculated from 100 cross validation replicas.

<span id="page-82-0"></span>

**False Positive** 

**True Negative** 

Figure 34: Visualization of classified lesions with domain specific transfer learning: In each quadrant this figure shows the lesion samples of the test split that were classified with the 4 highest and 4 lowest malignancy probabilities (calibrated ensemble max) by the ensemble models of setup RN18 duke ft789 normDuke CL2 TP3 (Table [13\)](#page-75-0) for the ground truth positive (malignant) and negative (benign) lesion samples, respectively: True Positive: ground truth malignant and high predicted malignancy probability, False Negative: ground truth malignant and low predicted malignancy probability, False Positive: ground truth benign and high predicted malignancy probability, True Negative: ground truth benign and low predicted malignancy probability. In this cross validation setup domain specific transfer learning was used (fine tuning of Duke pre-trained models). Note that a lesion may be represented more than once if it is visible in more than one slice.

# <span id="page-83-0"></span>**True Positive False Negative False Negative True Positive True Negative**

False Positive

**False Positive** 

**True Negative** 

Figure 35: Visualization of classified lesions with cross domain transfer learning: In each quadrant this figure shows the lesion samples of the test split that were classified with the 4 highest and 4 lowest malignancy probabilities (calibrated ensemble max) by the ensemble models of setup RN18 ImageNet ft789 normImageNet (Table [13\)](#page-75-0) for the ground truth positive (malignant) and negative (benign), respectively: True Positive: ground truth malignant and high predicted malignancy probability, False Negative: ground truth malignant and low predicted malignancy probability, False Positive: ground truth benign and high predicted malignancy probability, True Negative: ground truth benign and low predicted malignancy probability. In this cross validation setup cross domain transfer learning was used (fine tuning of ImageNet pre-trained models). Note that a lesion may be represented more than once if it is visible in more than one slice.

<span id="page-84-0"></span>

**False Positive** 

**True Negative** 

Figure 36: Visualization of classified lesions with no transfer learning: In each quadrant this figure shows the lesion samples of the test split that were classified with the 4 highest and 4 lowest malignancy probabilities (calibrated ensemble max) by the ensemble models of setup RN18<sub>-</sub> scratch normNone (Table [13\)](#page-75-0) for the ground truth positive (malignant) and negative (benign), respectively: True Positive: ground truth malignant and high predicted malignancy probability, False Negative: ground truth malignant and low predicted malignancy probability, False Positive: ground truth benign and high predicted malignancy probability, True Negative: ground truth benign and low predicted malignancy probability. In this cross validation setup no transfer learning was used (the models were trained from scratch). Note that a lesion may be represented more than once if it is visible in more than one slice.

#### 5.3 Discussion

#### Domain Specific Transfer Learning

The results show that domain specific transfer learning (Duke [DCE-MRI](#page-90-5)  $\rightarrow$  AKH [DCE-MRI\)](#page-90-5) improved lesion classification by increasing both [PreRec](#page-91-2) and [ROC](#page-91-1) [AUC](#page-90-0) significantly compared to the use of no transfer learning and cross domain transfer learning. The best performing ResNet18 and ResNet34 were pre-trained using Duke model weights whereby the corresponding Duke model was trained on 2 classes (Lesion and Breast) as opposed to 3 classes (Lesion, Breast and Thorax). Since lesion classification is a 2 class problem, fine-tuning a model that was also trained on 2 classes may accelerate training, as the weights of the fully connected layer may need less adjustment. Additionally, the test data of the AKH cohort was normalized by the mean and standard deviation of the Duke cohort. We hypothesize, that the AKH input data was made more similar to the image data the Duke model was originally trained on, thereby for instance reducing differences caused by other scanner types and acquisition protocols. Notably, Duke pre-training improved the [PreRec](#page-91-2) [AUC](#page-90-0) to a much greater extend than the [ROC](#page-91-1) [AUC](#page-90-0) compared to non pre-trained models  $(0.391 \rightarrow 0.615 \text{ vs.})$  $0.653 \rightarrow 0.713$ .

#### Cross Domain Transfer Learning

Cross domain transfer learning (ImageNet  $\rightarrow$  AKH [DCE-MRI\)](#page-90-5) on the other hand did not improve lesion classification. Apparently, patterns helpful in the identification of images of the ImageNet dataset were not helpful in the differentiation of malignant and benign lesions. We are convinced that the information carried by the color channels in the ImageNet dataset is completely different to the information conveyed by the color channels used in the [DCE-MRI](#page-90-5) 3TP images (kinetic/temporal information). As a result, it could be harder for the ImageNet pre-trained models to learn the relevance of the temporal information encoded in the channels of the [DCE-MRI](#page-90-5) 3TP images, especially if only the last 3 layers are fine-tuned. Furthermore, the normalization of the AKH test split images with the ImageNet dataset mean and standard deviation may destroy the temporal information of the [DCE-MRI](#page-90-5) 3TP images by shifting and scaling each of the 3 image channels. In order not to dismiss the relevance of cross domain transfer learning, ImageNet pre-trained models are successfully used in literature especially if just 1 [DCE](#page-90-6) time-point is used [\[71,](#page-99-1) [60,](#page-98-1) [75\]](#page-100-0).

#### Model Ensembles

Merging the predictions of the K cross validation models to ensemble predictions improved the classification performance significantly compared to single model predictions [\(ROC](#page-91-1) [AUC](#page-90-0) :  $\approx 0.04$   $\uparrow$ and [PreRec](#page-91-2) [AUC](#page-90-0) :  $\approx 0.03$   $\uparrow$ ). Therefore, either the weaknesses of the individual models is balanced out in the ensemble of models or there is at least one top performing model in the ensemble lifting the performance. The latter case is, however, unlikely since there was overall no significant difference between the ensemble max and ensemble mean predictions. Model calibration using temperature scaling also did not significantly improve classification performance of the model ensembles compared to uncalibrated model ensembles. This indicates that the performance of the model ensembles is not disturbed by a subgroup of badly performing models.

#### Reducing Unnecessary Biopsies and Workload

For the best Duke pre-trained ResNet18 models a threshold  $t_{100\%SEN}$  could be determined where

all malignant lesions are detected (100% sensitivity) and at the same time 4.5% of benign lesions correctly identified (4.5% [TNR\)](#page-92-1), thereby potentially avoiding unnecessary biopsies. This is comparable to the reported 5.4% of reduction of unnecessary biopsies reported by Witowski et al. [\[163\]](#page-109-0). As roughly 80% of biopsied lesions of the AKH patient cohort are benign, this reduction in burdensome biopsies could be of great benefit to high risk patients. 80% of unnecessary biopsies is not uncommon in clinical practice as Whitaker et al. [\[160\]](#page-109-1) reported a similarly high percentage of 83%. Analogously, a threshold  $t_{100\% Precision}$  could be determined where 21.7% of all malignant lesions (21.7% [TPR\)](#page-92-2) can be identified without any false positive prediction thereby potentially reducing the workload of radiologists (Section [3.5](#page-54-1) for background) by pre-filtering malignant lesions. As a caveat, both thresholds would need to be confirmed on an external high-risk evaluation cohort.

With these thresholds in mind it is interesting to see what lesions were misclassified by the Duke pretrained models: As can be seen in Figure [34,](#page-82-0) two patches of a round, well defined and homogeneous lesion (which is typical for benign lesions [\[14\]](#page-94-0)) were assigned a low malignancy probability although the lesion was actually malignant. In another case a patch containing just a tiny slice of a malignant lesion was also assigned a low malignancy probability. While the first case would probably be hard to correctly identify given the atypical malignant morphology, the later lesion may have been correctly identified if patches of the lesion from other slices were included for classification. This is a caveat of the lesion classification approach used in this thesis since only one slice of the lesion is used in the classification thereby not taking into account the 3 dimensional information of the MRI. Conversely, three rather untypical benign lesions with an ill defined border and irregular shape were incorrectly assigned a high malignancy probability. These misclassified lesions highlight the challenges of correctly classifying benign and malignant lesions (even for radiologists) and indicate that a classification based on [DCE-MRI](#page-90-5) images alone may not be sufficient.

#### Comparison to Other Methods in Literature

Zheng et al. [\[174\]](#page-110-1) combined [DC-LSTM](#page-90-7) with ResNet50 to especially classify small lesion (<15mm) as benign and malignant. Due to the small size, the lesions may be comparable to the lesions found in the AKH high risk patient cohort. The authors report a precision of 0.78 at a sensitivity of 0.82. At the same sensitivity level the model ensembles of setup RN18 duke ft789 normDuke CL2 TP3 achieved a median precision of 0.31. The authors also reported the performance of the ResNet50 model without the [DC-LSTM,](#page-90-7) whereby a precision of 0.500 at a sensitivity of 0.556 was reported. At the same sensitivity level the model ensembles of setup RN18 duke ft789 normDuke CL2 TP3 achieved a median precision of 0.59. Therefore, the performance of the model ensembles of this thesis is slightly better than the authors ResNet50 only based lesion classification, but worse than their [DC-LSTM](#page-90-7) + ResNet50 combination approach. Apart from the more complex architecture and the addition of [DWI](#page-90-8) [MRI,](#page-91-3) Zheng et al. [\[174\]](#page-110-1) used not just 3 but all available post contrast time points which may also explain the better performance (and a potential limitation of the 3TP approach). Still, a direct comparison of performance is hardly possible without access to the authors dataset. The [3TP](#page-90-4) Alex-Net based lesion classification of Gravina et al. [\[55\]](#page-98-0) reported an [ROC](#page-91-1) [AUC](#page-90-0) of 0.81 in their 10 fold cross validation. The model ensembles of setup RN34 duke ft789 normDuke CL2 -TP3 achieved a median [ROC](#page-91-1) [AUC](#page-90-0) of 0.713. However, it shall be noted that the patient cohort of Gravina et al. [\[55\]](#page-98-0) was not an explicit high-risk patient cohort and thus results may not be directly comparable. Similarly, Hu et al. [\[75\]](#page-100-0) did not use an explicit high-risk patient cohort either. Their VGG-19 SVM hybrid approach used [mpMRI](#page-91-4) and achieved an [ROC](#page-91-1) [AUC](#page-90-0) of 0.87.

# <span id="page-88-0"></span>6 Conclusion and Future Outlook

In the final chapter of this master's thesis, concluding remarks on the major findings and an outlook on the future of the field is given.

#### 6.1 Conclusion

To start with, the benefits of domain specific transfer learning could be demonstrated in both lesion detection and lesion classification. Most approaches in literature, however, apply cross domain transfer learning which was shown to deliver inferior results compared to domain specific transfer learning in this thesis. The lack of publicly available breast [MRI](#page-91-3) datasets along with the fact that model source code and weights are rarely made accessible certainly contributes to the widespread use of cross domain transfer learning.

One of the major goals of this thesis was to reduce the number of unnecessary biopsies, as about 80% of all biopsied suspicious lesions in the AKH high risk patient cohort are actually benign. The lesion classification experiments demonstrated that about 4.5% of actually benign lesions could be correctly identified without missing any malignant lesion, thereby potentially reducing the number of unnecessary biopsies which are of a great burden to the patients. Additionally, such a reduction in false positives may increase the trust and willingness of patients to participate in high risk screenings. However, the findings need to be evaluated on an external high risk patient cohort.

In lesion detection, the use of the [3TP](#page-90-4) method which is commonly applied in the field, was confirmed to improve detection performance over the use of just one post contrast time point. Quantitative and qualitative analysis revealed that [Yolo](#page-92-0) based lesion detection shows a higher precision but tendentially lower sensitivity compared to the sliding window based [ResNet](#page-91-0) approach. A comparison of the developed lesion detection methods with literature was hard as literature on the lesion localization in explicit high risk patient cohorts is rare.

Last but not least, the creation of breast masks constituted an important part for the detection of lesions in this thesis. To this end, a simple and yet efficient otsu based method was developed. A special highlight of this approach is that it works in both fat suppressed and non-fat suppressed breast [MRI.](#page-91-3)

#### 6.2 Building on the Results of This Thesis

Due to the time constraints of a master's thesis not all interesting ideas could be followed. However, those ideas can serve as the basis for future work: For instance in lesion detection it would have been interesting to see how the detection performance could be improved if the [ResNet](#page-91-0) sliding window approach was combined with the bounding box based lesion detection of [Yolo](#page-92-0) and/or the model ensembles for lesion classification. The benefit of such two stage approaches in reducing the number of false positives was demonstrated by Dalmış et al. [\[37\]](#page-96-0). For lesion classification, a natural extension of this thesis would have been to base the classification of the lesions on not just one patch/slice but all patches/slices of a lesion in order to take advantage of the 3 dimensional nature of the [MRI](#page-91-3) data. On the downside such an approach would require more data for evaluation to estimate the reliability of the classifier [\[163\]](#page-109-0). More data (of high risk patients) would also be needed to validate the proposed 4.5% reduction in unnecessary biopsies.

#### 6.3 Outlook and Future of Machine Learning in Breast Cancer Diagnosis

The future of breast cancer diagnosis is not only driven by advances in [DL](#page-90-9) approaches but also imaging techniques such as [DWI](#page-90-8) which are frequently incorporated into predictive models [\[149\]](#page-107-0). Even though such multiparametric Magnetic Resonance Imaging [\(mpMRI\)](#page-91-4) approaches, which combine multiple [MRI](#page-91-3) techniques, have the potential to improve the detection and classification of lesions, they are (currently) limited by the availability of [mpMRI](#page-91-4) data. Therefore and due to technical improvements, [DCE-MRI](#page-90-5) will continue to play an important role: The European Congress of Radiology [\(ECR\)](#page-90-10) 2023 highlighted the future importance of Ultrafast Dynamic Contrast-Enhanced [\(UF-DCE\)](#page-92-3) [MRI](#page-91-3) which increases the temporal resolution of [DCE-MRI](#page-90-5) by collecting more images in a shorter time-interval after contrast agent injection: The yet unpublished results of three presenters showed how [UF-DCE](#page-92-3) [MRI](#page-91-3) could improve the prediction of response to neo-adjuvant chemotherapy [\[79\]](#page-100-1), the prediction of prognostic markers [\[30\]](#page-95-0) and breast cancer detection [\[134\]](#page-106-0), respectively. This is in line with the findings of Zheng et al. [\[174\]](#page-110-1) who demonstrated that the classification of lesions can be improved by encoding not just three but all [DCE](#page-90-6) time points using a Long Short Term Memory [\(LSTM\)](#page-91-5) based approach. Another interesting development can be expected with respect to the task of domain adaption. For instance, Kuang [\[92\]](#page-102-0) presented an unsupervised method which facilitates breast segmentation in MRI acquired by different modalities (e.g.: T1 and T2 weighted [MRI\)](#page-91-3). The conference also showed that [mpMRI](#page-91-4) will play a more prominent role in the future as presenters often combined [DCE-MRI](#page-90-5) with [DWI](#page-90-8) [\[38\]](#page-96-1), whereby radiomic based approaches were frequently applied. The popularity of radiomics may be attributed to the shortage/lack of access to imaging data, as [DL](#page-90-9) based approaches are harder to train on small datasets [\[148\]](#page-107-1). However, access to bigger datasets is necessary to take full advantage of [DL](#page-90-9) based methods as demonstrated recently by Witowski et al. [\[163\]](#page-109-0): By using a dataset of more than 13.000 patients the authors were able to train a 3D convolutional neural network and to show its potential in reducing the number of unnecessary biopsies. In future, improvements can be expected due to efforts such as the EUropean Federation for CAncer IMages [\(EUCAIM\)](#page-90-11) project which aims to establish an infrastructure for easier access to cancer imaging data for artificial intelligence driven research [\[1\]](#page-93-0).

# Abbreviations

<span id="page-90-11"></span><span id="page-90-10"></span><span id="page-90-9"></span><span id="page-90-8"></span><span id="page-90-7"></span><span id="page-90-6"></span><span id="page-90-5"></span><span id="page-90-4"></span><span id="page-90-3"></span><span id="page-90-2"></span><span id="page-90-1"></span><span id="page-90-0"></span>

<span id="page-91-5"></span><span id="page-91-4"></span><span id="page-91-3"></span><span id="page-91-2"></span><span id="page-91-1"></span><span id="page-91-0"></span>

<span id="page-92-3"></span><span id="page-92-2"></span><span id="page-92-1"></span><span id="page-92-0"></span>

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